

OLL Knights of Columbus Fall Food Drive

To Benefit St. Vincent de Paul
November 22 to December 24, 2018

Our goal is 5,000 pounds of food and other non-perishable items. As you shop for your family this holiday season, please add some items to your grocery cart that will feed the hungry in our community. Together we can give thanks for our blessings by helping those in need. *Thank you for your generosity!*

Holiday food boxes will be delivered on Saturday, December 15. All donations we receive after that date will be used to restock our OLL food pantry and shared with other parishes.

Most Wanted Items Shopping List

No items packed in glass please.

- ☐ Canned Tuna or Chicken
- ☐ Canned Chili
- ☐ Mac & Cheese
- ☐ Peanut Butter/Jam
- ☐ Canned Corn/Green Beans
- ☐ Canned Fruit/Cranberry Sauce
- ☐ Au Gratin & Mashed Potato Mix
- ☐ Hearty Canned Soup
- ☐ Granola Bars
- ☐ Ramen Noodles

Other much needed items to round out food donations:

Paper Towels Napkins Toilet Paper Toothpaste
Toothbrushes Deodorant Hairbrushes
Feminine Hygiene Supplies



Items may be dropped off in the donation barrels in the Church and Parish Center atrium. The food drive ends on Christmas Eve!

Thanks to your contributions to our food drives, our OLL St. Vincent de Paul Society has shared thousands of pounds of food with other parishes in our Archdiocese and delivered hundreds of holiday food boxes to hungry families in our community.





62% of America's teachers regularly see kids who come to school hungry because they are not getting enough to eat at home.

The rate of food insecurity in Oregon is currently 14.6%. Approximately 553,000 Oregonians are food insecure and of those, over 194,000 are children.

Food insecurity is not just an issue for families with children. Roughly 14.7% of seniors also face the threat of hunger on a regular basis. Among seniors, lack of consistent access to nutritious food often correlates to increased risk of high blood pressure, depression and other medical conditions.



A frequent cause of hunger in Oregon is the rising cost of rent and utilities. When living expenses become increasingly difficult to cover on a monthly basis, food is seen as the only dispensable item in the overstretched budget. Parents skip meals to feed their children and still struggle to put healthy meals on the table on a regular basis. Through your generous support for our parish food drives, St. Vincent de Paul is able to help fill the gap and provide food for many in our community.

When you donate to St. Vincent de Paul via the Offertory envelopes or by any other means, your money goes to offer assistance with food, rent, utility bills, emergency medical needs, and many other urgent living expenses. For more information, please visit the St. Vincent de Paul page on our parish website: www.ollparish.com/st-vincent-de-paul.



St. Vincent de Paul said, *"To serve the poor is to serve Jesus."*
Your contributions to the food drive will help
"make a difference, one person at a time."