



Love God, Love Others, Make Disciples of Jesus Christ
OUR LADY OF THE LAKE CATHOLIC CHURCH
 Fifteenth Sunday in Ordinary Time

HOLY LEISURE

Why is it that we feel a sense of restlessness so often? How do we live a meaningful life and attain a sense of inner peace?

A few years ago a friend and I were having coffee and I remarked, like many of us that “Life has been pretty busy!” Later on in our conversation, we discussed “busyness” and how she had tried to remove that word from her vocabulary. We now challenge each other to say phrases like “I’m actively engage in life” or “there have been a lot of exciting things happening recently.”

Sometimes, it seems, that work, responsibilities, errands, and family life take up much of our time and energy, leaving us feeling overworked and drained. Our lives become an overwhelming series of days, months and years, which may make us feel “good” because this makes us “accomplished” and “successful.” But after the happiness of our successes fade away, our mind and our soul often still does not feel truly at peace. In my experience, bouncing from task to task leaves me yearning for a peaceful place of rest when I desire to take a step back from the chaos in my life. I find that when I do not take time to truly rest with others and with God, my spirit becomes tired, I fail to see the blessings around me, and I tend to fall into sadness and even bitterness. The notion of Holy Leisure is often misunderstood by our busy society. Understanding “Holy Rest” requires a reflection on our lives in which we examine if we are living a rightly ordered life, which I will explore this Sunday.

I end with a reflection from Dr. Peggy Hothem, Professor of Recreation and Leisure Studies at Gordon College. She beautifully states,

[Holy Rest] makes room in one's life to listen more and meditate on what's important. By encouraging leisure not as mere diversion or another busy activity, but as the concept of a holy pause, we're inviting others to a restorative peace, to step back from the fast pace of modern life. When we rest in this still place, we are more likely to hear the questions we should be asking of ourselves, as well as the still, quiet voice of God.

Hear more about **Holy Leisure, Holy Rest** from our Youth Ministry Coordinator, Lily Weber, today, Sunday, July 14 during Focus on Faith, 10:20 to 11:20 AM in the Parish Hall.

Visit page 5 of the bulletin to see the rest of our Focus on Faith talks and discussions scheduled for this summer.



WEEKDAY SERVICES

Mass at 8:15 AM Monday - Saturday

Mass at 6:30 AM Tuesday, Wednesday, Thursday

Morning Prayer at 6:30 AM Monday, Friday

Recitation of the **Rosary** after Mass on Monday - Saturday

SUNDAY MASSES

Saturday Vigil 5:00 PM,
 Sunday Morning 7:30, 9:00, 11:30 AM,
 Life Teen Mass 5:00 PM

LOCATED AT

790 A Avenue
 Lake Oswego, OR 97034

SACRAMENT OF RECONCILIATION

Saturday 3:30-4:30 PM or by Appointment

ADORATION OF THE EUCHARIST

First Friday of the Month
 8:45 AM to 12:00 PM in the Church

SACRAMENT OF ANOINTING OF THE SICK

Call the Parish Office

PARISH STAFF

Clergy:

Fr. John W. Kerns, Pastor
frjohn@ollparish.com

Fr. Suresh Almaraj, Parochial Vicar
frsuresh@ollparish.com

Deacon Kevin Welch
deaconkevin@ollparish.com

Faith Formation:

Tom Tomaszek, Pastoral Associate
tomt@ollparish.com

Laura Patton, Dir. of Faith Formation
laurap@ollparish.com

Mary Brunette, Family Life Coordinator
maryb@ollparish.com

Youth Ministry:

Mary Jane Weber, Dir. Youth Ministry
maryjanew@ollparish.com

Lily Weber, Coord. of Youth Ministry
lilyw@ollparish.com

Liturgy & Music:

Tom Tomaszek, Dir. of Liturgical Music
tomt@ollparish.com

Agnes Zueger, Coordinator of Music
and Liturgy • agnesz@ollparish.com

Administration:

Sharon Burk, Business Manager
sharonb@ollparish.com

Kara Betzer, Admin. Assistant
karab@ollparish.com

Georgeann Boras, Admin. Assistant
georgeannb@ollparish.com

Denise Le Chevallier, Bookkeeper
denisel@ollparish.com

Mike Bell, Facilities
mikeb@ollparish.com

Cemetery:

Kimi Tomaszek
cemetery@ollparish.com

School:

Corrine Buich, Principal
c buich@ollschool-lakeoswego.org

Matt Gregor, Vice Principal
mgregor@ollschool-lakeoswego.org

Matt Locke, Office Manager,
mlocke@ollschool-lakeoswego.org

Kim Heinrich, Admin. Assistant
kheinrich@ollschool-lakeoswego.org

ADULT FAITH FORMATION IMPORTANT DATES

- Come to the Focus on Faith Presentations listed on page 5!!!
- **Epic: A Journey through Church History** – Begins Thursday, September 19, 10:00 AM to noon. Register at www.ollparish.com/bible-study
- Stay tuned for future Bible Study options coming in the fall!

2019 / 2020 Parish Facility Calendar Reserve Your Meeting Space Today!

Time to reserve your classroom and use space for the 2019-2020 school year. If your group or ministry regularly uses classrooms and meeting space in parish facilities, now is the time to make your reservations for the coming year (July 2019-June 2020).



Even if your ministry meets on a regular basis, we are asking **ALL MINISTRIES TO RE-REQUEST their classroom or space.**

Please call or email Kara in the Parish Office at 503-636-7687 or karab@ollparish.com to reserve your facility use for this upcoming year. If you have any questions, please let us know.



Summer Food Drive JULY 1—SEPTEMBER 8

The Knights of Columbus requests canned food to be donated beginning July 1 for the Summer Food Drive.

All donations go to St. Vincent de Paul. Donations are to be placed in the St. Vincent de Paul bins, found upstairs in the Narthex or downstairs outside of the Parish Hall. Food Drive ends September 8.



This Week

Sunday, July 14, 2019

Fifteenth Sunday in Ordinary Time

Homilist: Fr. John Kerns

Fellowship After Mass 8:30 AM PH-FRONT
Life Kids Beginners 8:45 AM PH-CC
Focus on Faith 10:15 AM PC-BETH

Monday, July 15, 2019

Alcoholics Anonymous 6:30 AM PC-PLIB
Boy Scouts 7:30 PM PH-FRONT

Tuesday, July 16, 2019

Fatima Rosary 6:00 PM PC-PLIB

Wednesday, July 17, 2019

Alcoholics Anonymous 6:30 AM PC-PLIB
Charismatic Prayer Group 11:00 AM PC-PLIB
Centering Prayer 7:00 PM PC-PLIB

Thursday, July 18, 2019

Alcoholics Anonymous 7:00 PM PC-NAZ

Friday, July 19, 2019

Alcoholics Anonymous 6:30 AM PC-PLIB
Alcoholics Anonymous 8:00 PM PH-CARP

Saturday, July 20, 2019

DOGS Men's Group 7:00 AM PC-NAZ
Confessions 3:30 PM CH

Sunday, July 21, 2019

Sixteenth Sunday in Ordinary Time

Homilist: Fr. Suresh Almaraj

Fellowship After Mass 8:30 AM PH-FRONT
Life Kids Beginners 8:45 AM PH-CC
Focus on Faith 10:15 AM PC-BETH

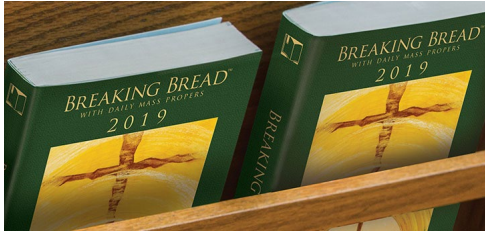
PC=Parish Center Building—Cana, Nazareth, Bethlehem and Jerusalem Rooms; SCH=School—Multipurpose Room, Gym;
PH=Parish Hall—Front, Mid, Carpet, Child Care, Cook CH=Church—Church, Loft, Narthex; OTHER=Off Campus Event

Liturgy, Music, & Prayer

Singing Our Responses During Mass

This weekend, and through the summer, we will begin singing two different musical settings during the Glory to God, Alleluia, and responses during the Eucharistic prayer at Mass. These are the sung acclamations that give our response and participation to the prayers the priest says at the altar. They are the most important parts of the Mass we sing:

The acclamations of the Eucharistic Liturgy and other rites arise from the whole gathered assembly's assent to God's Word and action. The Eucharistic acclamations include the Gospel Acclamation (Alleluia), the Sanctus (Holy, Holy), the Memorial Acclamation (Mystery of Faith), and the Great Amen. - Sing to the Lord: Music in Divine Worship #115a



Since the introduction of the New Roman Missal, we have learned eight different Mass settings here at Our Lady of the Lake: *The Mass of Renewal*, *the Mass of Christ the Savior*, *the Latin Chant Mass*, *Belmont Mass* (chant), *Heritage Mass* (revised), *Mass of A Joyful Heart* (revised), Fr. Kern's *Mass of Mercy*, and most recently, *Mass of Spirit & Grace*. Each of these has its unique musical characteristics and we have used them for different seasons and occasions of the Church year.

Visitors comment on how well our parishioners sing – especially the parts of the Mass. Our music leaders appreciate that these Mass settings are in our “singing memory” and the people respond. This weekend, we are returning to the *Mass of Christ the Savior* and *Mass of A Joyful Heart* Mass settings which we have previously sung to offer a bit of variety over the summer months.



Saturday 5:00 PM and Sunday 7:30 AM Masses – We will sing the *Mass of Christ the Savior*. Composed by Dan Schutte, it has an easily remembered cadence and melody throughout the various responses. We sang this setting during Ordinary Time two years ago. You will find it in the *Breaking Bread* hymnal.

Sunday 9:00 AM, 11:30 AM, and 5:00 PM Masses – We will sing *Mass of A Joyful Heart*. We sang this revised contemporary Mass setting last summer. Like its name implies, *Mass of A Joyful Heart* encourages us to respond joyfully to the Lord's gift of the Holy Eucharist. You will find the acclamations in the *Spirit & Song* hymnals.

Offertory

We thank all those who contribute to the support of Our Lady of the Lake Church. Our fiscal year runs July 1 through June 30.

THIS YEAR: Week ending 06/30/2019
Weekly Collection: \$20,645
Fiscal Year to Date: \$1,506,435

LAST YEAR:
Weekly Collection: \$29,280
Fiscal Year to Date: \$1,572,831

Budget:
Fiscal Year to Date: \$1,555,826

Special Collection:
Holy Father: \$3,495

Wondering how to stay up to date with events at OLL?

- > Read the Bulletin!
- > Sign up for Weekly Parish emails by calling the office!
- > Visit the Website at ollparish.com!
- > Check us out on Social Media!
Twitter@OLLLakeOswego
Facebook@OLLCatholicChurch
Instagram@OLLCatholicChurch

Mass Intentions

Sunday, July 14, 2019

7:30 AM +Jack Dessel
9:00 AM +Joseph and Emilie Tomaszek
11:30 AM +John Lewis
5:00 PM Int. Parishioners

Monday, July 15, 2019

6:30 AM Prayer Service
8:15 AM +Jeanne Freeman

Tuesday, July 16, 2019

6:30 AM +Michael Ryan
8:15 AM +Steven N. Faust

Wednesday, July 17, 2019

6:30 AM +Angela Jones
8:15 AM Int. Wyatt Hudson

Thursday, July 18, 2019

6:30 AM +Emeril Maxwell Say
8:15 AM +Elnora Fonacier

Friday, July 19, 2019

6:30 AM Prayer Service
8:15 AM +Gregory Ashou

Saturday, July 20, 2019

8:15 AM +Robert Goodwin
5:00 PM +Leonila Gomez

Sunday, July 21, 2019

7:30 AM +Angela Jones
9:00 AM +Patrick Keenan
11:30 AM Int. Parishioners
5:00 PM +Dr. Fahmi Jazrawi

Communion Brought to the Homebound

Our Lady of the Lake Catholic Church provides a ministry to bring communion to those homebound. If you know of anyone who would benefit from this ministry, please email communionministry@ollministry.com or call the Parish Office at 503-636-7687.



Life Kids Beginners

Every Sunday • 8:45–11:30 AM
Nursery for 9 Months – 3 Years Old
Parish Hall Transept

Sign Up for 2019-2020

Life Kids



Life Kids: ollparish.com/register-lk

First Communion: ollparish.com/register-fc

**Life Kids, Life Kids First Communion, and
Children's Liturgy of the Word are out for
summer and will resume in September.**

Beginners Nursery runs all year.

OLL YM+

OFFICE HOURS: Mary Jane and Lily will be out of the office most of next week. Watch the bulletin for summer activities!



CONFIRMATION SIGN UP

Look for sign up information in next week's bulletin.

Youth (sophomore year and older) are invited to prepare for the Sacrament.

**PARENT ROUNDTABLE GROUP WILL BE OFF FOR
THE SUMMER.**

Volunteer in Our Fun Kid's Ministries!

Now seeking volunteers for the
2019-2020 School Year!

Contact Mary at maryb@ollparish.com

www.ollparish.com/life-kids

Exodus 90 at OLL



On Friday, June 7, a group of seven men from Our Lady of the Lake Parish completed a three-month spiritual exercise called *Exodus 90*. The program included daily readings from the book of Exodus, as well as, prayer, reflection, ascetic practices (fasting, limited TV/social media), exercise and fraternal gatherings. Fr. John Marshall served as the group's spiritual director. This challenging endeavor helped these men to grow spiritually and strengthen their faith. They are continuing to meet weekly for Wednesday morning Mass and fellowship. *"We highly recommend Exodus 90 to all men of the Parish and pray and hope you will consider forming your own group."* More than 15,000 Catholic men have participated in Exodus 90 across the country to gain greater personal freedom in Christ and to renew the church.



For more info on how to get started, visit www.exodus90.com or reach out to any of the parishioners pictured here, from left to right: Dan Molyneux, Deacon Kevin Welch, Charlie Oppenheimer, Tom Foy, David Gewant, Jon Brumbaugh, Rich Thornton.



Life Kids Beginners

Beginners Nursery - Every Sunday!

Beginners Nursery runs every Sunday from 8:45 to 11:30 AM for children 9 months to 3 years old. Safe, enriching environment during 9 AM Mass and Focus on Faith presentations. Parish Hall - West Alcove - Under West Transcept

EVERY SUNDAY — EXPLORE THE SUNDAY READINGS

Parish Center, Bethlehem Room

Join us for video presentations of Dr. Brant Pitre, who is the author of The Jewish Roots of the Eucharist, Jesus and the Jewish Roots of Mary, and many more.

JULY 14 — HOLY LEISURE, HOLY REST

Parish Hall, Carpeted Area

What does it mean to truly rest? How do we find peace and take time to relax amidst our many responsibilities?

Lily Weber, our Youth minister, will explore the notion of "Holy Leisure, or Holy Rest." She will reflect on God's plan for 'our rest' and how we can be transformed by it and receive God's peace through it.

JULY 20 & 21 AFTER ALL MASSES — SMALL GROUP SUNDAY

Parish Hall, Carpeted Area

Why do some people join small groups? Did Jesus have a small group fellowship, besides his 12 disciples? What questions might you have about joining a small group? Come and here from people who are in small group to discern if this might or might not be right for you.

AUGUST 11 — ASSUMPTION OF THE BLESSED MOTHER

Parish Hall, Carpeted Area

Mary, Assumed in to Heaven Body and Soul! Does it make a real difference in your life? What does it mean for us today in the 21st century? If Mary truly is "Queen over all things..." (CCC 966), what effect does her queenship have in our everyday life?

Returning and Searching Catholics: Know God More Personally Through Awakening Faith

Have you considered returning to the Catholic church - or developing for the first time, a more active practice of your Catholic faith? Like many Catholics, your faith may have been passed down to you by your parents or other family members. Maybe you even attended Catholic schools. Did your faith development stop once you reached adulthood?

Seeing your faith from a deeper perspective is necessary if it is to have its' full force in your life. Truly connecting to your Catholic faith can bring a renewed appreciation of being a Catholic.

Come together with others to grow in your understanding of God and of the true meaning of life. We will meet in the Parish Library, on the 2nd floor of the Parish Center, beginning Thursday, May 2nd, from 7:00 PM to 8:30 PM. We gather for

6 sessions and have 4 optional sessions. The sessions are on Spirituality, Jesus, The Holy Spirit, God's Mercy, The Mass, The Church.

Get more information about Awakening Faith at ollparish.com/adults.

I will be happy to answer any questions and tell you more about Awakening Faith - I believe you will be renewed and grow spiritually. Contact me with any questions or just show up! Margaret Jamieson • 503-635-2915 maggieandmargaret@gmail.com

Awakening Faith Small Groups invite you to...

Fill the Hole in Your Life that only God can Fill

Know God More Personally

Unlock the Mysteries of Catholicism



World Marriage Encounter Weekend

Strengthen and enrich your marriage at this weekend experience for married couples. The weekend is September 20-22 in Boise, ID, at Nazareth Retreat Center. For information contact Barb and Kevin Acker at 385-319-4609, email barbaraacker70@gmail.com or register on line at rediscoverthepark.org.



Beginning Experience of Oregon

Every marriage ends, whether from death, separation or divorce, and whatever the cause, it is one of life's most traumatic experiences. A Beginning Experience Weekend is designed to be a time of closure on the past and renewed hope for the future. The next Weekend will be held in Milwaukie October 4-6, 2019.

The truth is no one has to suffer alone, and although life may never be the same, it can be good again. Beginning Experience can help, just give us one weekend.

Visit: www.beginningexperienceoforegon.org. For information call Karen 971-404-6512 or JoAnne at 503-476-4796.

Contemplative Outreach of Portland with Fr. Carl July 24-25

The two events with Fr. Carl will be held at the Madeleine Parish, 3123 NE 24th Ave, Portland, OR 97212, on July 24 and 25. Come to an evening talk on July 24 at 7:00 PM and join the day retreat on July 25 from 8:30 AM to 3:00 PM.

Morning hospitality and lunch are included in the Thursday retreat. Pre-registration is required, go to www.contemplativeoutreachportland.org or contact Kathleen Kaczor at kathleen.coop.pdx@gmail.com or 541-944-1940 for more information.

Caregiver Support Group - Resumes in September

Hey YOU! Are you a caregiver that feels isolated; like you're the only one in the world dealing with this massive responsibility?

You need to join us. Share your challenges, your sorrows, your successes and realize you are not alone. **Helping each other through prayer and fellowship.** All conversation is treated confidentially.

Returns in September. We meet every 2nd and 4th Thursday of the Month in the Parish Center Library from 3:30 to 4:30 PM. Facilitated by the Parish Health Ministry. Questions? parishhealth@ollparish.com or 503-636-7687



Blood Pressure Screening Clinic

Our nurses are taking the summer off. There will be no Blood Pressure Clinic in July or August. Be sure to keep an eye on your pressure by taking it at home, at your doctors' office or in your favorite pharmacy throughout the summer months. See you in September! **Stay Healthy**

Married Singles Lifestyle Retrovaille The Married Singles Lifestyle describes couples that may have lost a sense of closeness they once had as marriage partners and are living more like roommates. Retrouvaille teaches couples how to survive times like these in their marriages. For confidential information about, or to register for the program call 1-503-225-9191 or visit www.helpourmarriage.org/.

ONLINE GIVING IN 3 EASY STEPS

If you are already using online giving skip step 1 and 2. (if you forgot your user ID or password click the forgot button and a new password will be emailed to you)

STEP 1 - REGISTER

- From OLL website www.ollparish.com
- Click "Giving" in top right navigation bar
- Click on "Give Now:
- Click on **CREATE A NEW ACCOUNT.**
- Fill in the information boxes that contain a red asterisk. Make sure to write down your User ID and Password (put in a secure and safe place.)
- **Submit.** You will receive an email to confirm your information.



STEP 2 – SET UP PAYMENT METHOD

- Now log into your account, click on **MY PAYMENT METHOD.**
- You will need to **ADD NEW BANK ACCOUNT** (if using your checking account) OR **ADD NEW CREDIT CARD** (if using your credit card).
- Provide all the information requested. Then click **SUBMIT.**

STEP 3 – SET UP DONATION

OPTIONS: You can choose multiple funds (RE, Building Maintenance, SvDP)

- Now return to **MANAGE MY ACCOUNT** and choose **GIVE A NEW GIFT.**
- Choose **OFFERTORY** (fund), then select gift type **RECURRING.**
- Select payment and frequency and start date.
- Select the account (check or credit card), then enter amount and frequency.
- Click **NEXT** (at the bottom of the page)
- In the **CONFIRM MY GIFTS** window, review the details to insure everything is correct.
- Click **SUBMIT.**

Street Ministry to The Homeless

Our last Street Ministry to the Homeless was a special day of “accompaniment,” to borrow a phrase from Fr. Marshall’s bulletin article from a few weeks ago.

Our Mercy Team group encounter a very large assembly of down and out individuals awaiting our arrival at our first stop under the bridge. 45 souls were waiting, and they kept coming. After setting up the food and clothing stations, we had time to listen to their personal struggles and offer them hope, comfort and share the love of Jesus Christ with them. Several guests expressed how much “they love us.” At least two of them expresses an interest in taking a “first step” to recovery and turning around their life. We were able to provide “first step” suggestions, including reuniting with a church group they may have been involved with in the past. We provided contacts to various city resources for the homeless. And we started their journey with prayer, both for them and with them.

We ended the time with our new friends sharing handshakes, hugs and fruit smoothies!

Our next Street Ministry outreaches are Saturday, July 27 and Saturday, August 24.



Future Projects

Mercy Teams is planning participation with a special SOLVE “homeless camp cleanup” projects in August, Operation Overcoat on September 29, and some summer parishioner-in-need of yard work projects this summer.

“Accompany” us and share your love, whenever you can!

For more information and to sign up, visit www.ollparish.com/mercy-teams. To contact Mercy Teams, email Michael at mercyteams@ollministry.com.

Respect Life Corner • www.ollparish.com/respect-life

Abortion Pill (RU486)

A recently updated FDA report revealed that, as of December 31, 2018, there have been 24 deaths associated with the “abortion pill” Mifeprex (the two-drug combination of mifepristone and misoprostol), rather than the earlier figure of 22 deaths. To date, nearly 4,200 “adverse events” have been detailed, including 24 deaths, 97 ectopic pregnancies, 1042 hospitalizations, 599 blood transfusions, and 412 infections. A 2011 peer-review survey of 22 studies showed abortion increases the likelihood of depression, anxiety, and reckless behavior such as alcoholism, drug use, and suicide.

Dr. Donna Harrison of the American Association of Pro-Life Obstetricians and Gynecologists laments, “These 24 women are otherwise healthy women who are now dead because they took Mifeprex. [Abortionists are] giving you Mifeprex to kill your baby, and sometimes it kills you.” A Planned Parenthood study found that at least one woman is seriously injured from the abortion pill daily.

According to the Guttmacher Institute, in 2014, the abortion pill accounted for 31 percent of all non-hospital abortions and 45 percent of abortions before nine weeks gestation. Millions of unborn babies have died worldwide as a result of this deadly drug combination. www.lifenews.com.

Should you encounter a woman with early regret after taking RU486, consider helping her access the Abortion Pill Reversal network by 24/7 call or chat. The helpline number is 877-558-0333 and the chat is at abortionpillreversal.com. In addition to possibly saving a baby, you also will be helping to spare a mother from a lifetime of regret. www.ortl.org/2018/12/hope-for-abortion-reversal/

Upcoming Events in the Archdiocese

7/14 Monthly Prayers for Life: There will be a prayer service including the Rosary and Chaplet of Divine Mercy for the culture of life at St. Agatha’s Catholic Church on July 14, at 12 PM. St. Agatha’s is located at 7960 SE 15th Avenue, Portland.

7/15 Mother & Child Education Center Volunteer

Opportunities: Visit the Mother and Child Education Center website, MomChildPDX.org or call 503-249-5801 for details on how to help with sorting of donations, bundling baby clothing or diapers, and organizing items or rooms around the center.

7/20 Baby Shower! There is a group of volunteers in Portland who pray and do sidewalk counseling at local abortion centers. Recently we encountered a woman who needs a significant amount of help. A baby shower is being held for her and her unborn baby boy. If you would like to contribute towards this effort, we are gathering gift cards to Target and Walmart. Call Sharon at 503-675-1874 if you would like to go to the shower or contribute a gift card. Thank you for your support of unborn babies and their families!