



Love God, Love Others, Make Disciples of Jesus Christ
OUR LADY OF THE LAKE CATHOLIC CHURCH
 Twenty-Third Sunday in Ordinary Time

Our Parish Health Ministry: What We Do and Why We Do It

“Do you not know that our bodies are Temples of the Holy Spirit.”
 1 Corinthians 6:19

For nearly seven years our Parish Health Ministry has been working quietly within the walls of this church. Many of you may not even know what the ministry is or even why we have one. We see many examples in the scriptures of Christ healing powers and His compassion for those who are struggling physically, emotionally and spiritually. Our Lady of the Lake Health Ministry offers a way for us to live Christ’s example. So we continue the healing ministry of Jesus.

“Life and physical health are precious gifts from God. We must take reasonable care of them, taking into account the needs of others and the common good.” (CCC No. 2288)

In the Health Ministry, we see ourselves as integrators of faith and healing. We provide care that is spiritually-focused in a faith community—bringing together faith and health, spirituality and healing. This does not require medical expertise or a theological degree. It just calls for plain old “being there.” Presence is important when it comes to healing. It’s not the kiss on a boo-boo that comforts the child, it is the presence of his mother; someone whom he knows who loves and cares for him. The same is true with the Health Ministry: just your presence is required, no knowledge or special skill.

The Health Ministry often receives calls for someone to transport a homebound parishioner to Sunday Mass (*Soul Wellness*) or, for someone to be a second pair of ears at a doctor’s appointment (*Emotional Wellness*). No special certification needed here, except for maybe a drivers license.

In the Health Ministry, a human relationship becomes a holy one. At OLL we are immersed in a community with not only

physical needs but also emotional and spiritual needs. When we comfort a soul in need with attentiveness we also lift our own soul to be closer in union with God. For example, a long time Health Ministry member who reads to a severely disabled parishioner once a week explains that she enjoys the “quietness of it”. Her joy, she says, is when he responds. She knows that she has connected with him just by the simple act of reading to him. She may just consider this a “holy relationship.”

Another example you may remember, “Walk to Jerusalem” was one of our most popular programs, with over 200 participants each year. The bringing together of physical exercise, prayer, and a brief geography lesson of each leg of the journey provided a merging of body, soul, and mind wellness.

Like all other ministries we always have room for new members. We have many different programs available to parishioners. Most require one to two hours per month. For instance, our Blood Pressure Clinic consists of RN’s, PA’s, or MD’s with active licenses who volunteer after the morning Masses on the second Sunday of each month.

We are also looking for someone to take the lead in organizing and overseeing the programs under the Health Ministry umbrella. The groundwork for all our current and past programs has been completed and we just need someone to take the lead! We are always in search of new ideas and a fresh perspective to keep our Health Ministry viable and in sync with our parishioners.

Contact us at parishhealth@ollparish.com or the office at 503 636-7687 if you have any questions or are interested in experiencing a “holy relationship.”

HEALTH
MINISTRY

Ministry
 of Jesus
 Body

WEEKDAY SERVICES

Mass at 8:30 AM Monday - Saturday

Mass at 6:30 AM Tuesday, Wednesday, Thursday

Morning Prayer at 6:30 AM Monday, Friday

Recitation of the Rosary after Mass on Monday - Saturday

SUNDAY MASSES

Saturday Vigil 5:00 PM,
 Sunday Morning 7:30, 9:00, 11:30 AM,
 Life Teen Mass 5:00 PM

LOCATED AT

790 A Avenue
 Lake Oswego, OR 97034

SACRAMENT OF RECONCILIATION

Saturday 3:30-4:30 PM or by Appointment

ADORATION OF THE EUCHARIST

First Friday of the Month
 8:45 AM to 12:00 PM in the Church

SACRAMENT OF ANOINTING OF THE SICK

Call the Parish Office

PARISH STAFF

Clergy:

Fr. John W. Kerns, Pastor
frjohn@ollparish.com

Fr. Suresh Almaraj, Parochial Vicar
frsuresh@ollparish.com

Deacon Kevin Welch
deaconkevin@ollparish.com

Faith Formation:

Tom Tomaszek, Pastoral Associate
tomt@ollparish.com

Laura Patton, Dir. of Faith Formation
laurap@ollparish.com

Mary Brunette, Family Life Coordinator
maryb@ollparish.com

Youth Ministry:

Mary Jane Weber, Dir. Youth Ministry
maryjanew@ollparish.com

Lily Weber, Coord. of Youth Ministry
lilyw@ollparish.com

Liturgy & Music:

Tom Tomaszek, Dir. of Liturgical Music
tomt@ollparish.com

Agnes Zueger, Coordinator of Music
and Liturgy • agnesz@ollparish.com

Administration:

Ann Barba, Admin. Assistant
annb@ollparish.com

Sharon Burk, Business Manager
sharonb@ollparish.com

Kara Betzer, Admin. Assistant
karab@ollparish.com

Georgeann Boras, Admin. Assistant
georgeannb@ollparish.com

Denise Le Chevallier, Bookkeeper
denisel@ollparish.com

Mike Bell, Facilities
mikeb@ollparish.com

Cemetery:

Kimi Tomaszek
cemetery@ollparish.com

School:

Corrine Buich, Principal
cbuich@ollschool-lakeoswego.org

Matt Gregor, Vice Principal
mgregor@ollschool-lakeoswego.org

Matt Locke, Office Manager,
mlocke@ollschool-lakeoswego.org

Kim Heinrich, Admin. Assistant
kheinrich@ollschool-lakeoswego.org



Focus on Faith Schedule

Focus on Faith is from 10:20 – 11:20 AM

For more information see ollparish.com/fof

Beginners Nursery - Every Sunday!

Every Sunday from 8:45 to 11:30 AM for children 9 months to 3 years old. Safe, enriching environment during 9 AM Mass and Focus on Faith. Parish Hall - West Alcove - Under West Transcept

Every Sunday — Explore the Sunday Readings

Join us for video presentations by Dr. Brant Pitre, exploring the 1st century Christian understanding of today's scripture readings and how it applies to us today.

Parish Center, Bethlehem Room

September 8

OLL Stain Glass Window Tour

Join Fr. John Kerns for a tour and explanation of OLL's stained glass windows.

Church

Blood Pressure Clinic

Every second Sunday, the OLL Health Ministry provides a free blood pressure clinic from 8:30 AM to 12:30 PM as part of their effort to serve the health of the whole person: mind, body, and soul.

Parish Hall, Brides Room

September 15 & 22

Inter-Faith Dialogue

Join Fr. Suresh Almaraj as he discusses the Church's attitude on inter-faith dialogue prior to Vatican II, the new breakthrough since Vatican II, and the present day situation toward inter-faith dialogue. Come to one or both!

Parish Hall, Carpeted Area

September 29

All Church ACTS Return Lunch

Join the ACTS Men's retreatants for a lunch after the 11:30 AM Mass.

Parish Hall

This Week

Sunday, September 8, 2019

Twenty-Third Sunday in Ordinary Time

Homilist: Fr. John Kerns

Fellowship After Mass 8:30 AM PH-FRONT

Blood Pressure Check 8:30 AM PH-BRIDE

Life Kids Beginners 8:45 AM PH-CC

Focus on Faith 10:15 AM PC-BETH

CASE Training 10:30 AM PC-JSLM

Monday, September 9, 2019

Alcoholics Anonymous 6:30 AM PC-PLIB

Centering Prayer 9:30 AM PC-PLIB

Knights of Columbus 6:00 PM PH-CARP

Boy Scouts 7:30 PM PH-FRONT

Tuesday, September 10, 2019

Fatima Rosary 6:00 PM PC-PLIB

Wednesday, September 11, 2019

Office Close - Staff Retreat

Alcoholics Anonymous 6:30 AM PC-PLIB

Charismatic Prayer Group 11:00 AM PC-PLIB

Centering Prayer 7:00 PM PC-PLIB

Choir Practice 7:00 PM CH

Thursday, September 12, 2019

Alcoholics Anonymous 7:00 PM PC-NAZ

Caregiver Support group 3:30 PM PC-PLIB

Friday, September 13, 2019

Alcoholics Anonymous 6:30 AM PC-PLIB

Alcoholics Anonymous 8:00 PM PH-CARP

Saturday, September 14, 2019

DOGS Men's Group 7:00 AM PC-NAZ

Confessions 3:30 PM CH

Saturday Wine/Cheese 6:00 PM PH-FRONT

Sunday, September 15, 2019

Twenty-Fourth Sunday in Ordinary Time

Homilist: Deacon Kevin Welch

Fellowship After Mass 8:30 AM PH-FRONT

Life Kids Beginners 8:45 AM PH-CC

Flu Clinic 10:15 AM PH-BRIDE

Focus on Faith 10:15 AM PC-BETH

Baptism Class 12:00 PM PC-NAZ

PC=Parish Center Building—Cana, Nazareth, Bethlehem and Jerusalem Rooms; SCH=School—Multipurpose Room, Gym; PH=Parish Hall—Front, Mid, Carpet, Child Care, Cook CH=Church—Church, Loft, Narthex; OTHER=Off Campus Event

Liturgy, Music, & Prayer

Singing the Mass of Spirit and Grace

Starting this weekend and continuing through the fall and winter Ordinary Time, we will begin singing the *Mass of Spirit and Grace* for our acclamations at all Masses. The composer, Fr. Ricky Manalo, is a Paulist priest who was named the 2018 Liturgical Composer of the Year by the National Association of Pastoral Musicians.

Fr. Manalo and has composed a number of songs in our repertoire, including *The God of All Grace* – musically the basis of this Mass setting. *Mass of Spirit and Grace* celebrates the mystery of the Holy Spirit with strong and approachable melodies that help us reflect upon our lives with Christ.

Our Music Team liked that *Mass of Spirit and Grace* combines a traditional style with a contemporary sound, giving it the flexibility to be used at all Masses in a similar style to the *Mass of Renewal* which we have sung primarily since the adoption of the Roman Missal, Third Edition. We find its melodies intuitively singable and hope it will be easy for you to “pray” well in the coming months. New parishioners and visitors regularly comment on how well our congregation sings!

We will continue to sing the *Glory to God* settings we have used during the summer. In the next two weeks we will introduce the chant-styled *Glory to God* from the Belmont Mass that we sing during Advent. We hope this new setting is also one that can be used throughout the year for weekday feasts and solemnities. As always, we welcome your feedback.

Call for New Altar Servers

Parents – is your son or daughter who is entering 5th, 6th or 7th grade (at Our Lady of the Lake or other area schools) interested and willing to become an altar server? This important role in our weekend Masses is a great way for them to deepen their spiritual life. Consider how this responsibility may help them to gain personal maturity and confidence as they grow and learn in school, sports, and other activities. You are their first and most important teacher in the faith.

Parent orientation meetings will be scheduled in the coming weeks followed by several options for altar server training. Send an email to Tom Tomaszek (tomt@ollparish.com) for more information.

Parish Office Closed • Wednesday, September 11

The Parish Offices will be closed on Wednesday, September 11 for an all staff training day. The Parish Center will still be open for regularly scheduled Bible Studies and Prayer Groups. We will be open as regular on Monday, Tuesday, Thursday, and Friday.

Wine & Cheese Fellowship Saturday, September 14

If you attend the Saturday Evening Mass at 5:00 PM at Our Lady of the Lake, please join your fellow parishioners for a friendly gathering right after Mass in the Parish Hall. This month we get together Saturday, September 14 at 6:00 PM. We will enjoy some wine, cheese and other light fare, and have a “Thank You” reception for Lynne Huston, our former Liturgy & Music Coordinator. Feel free to bring a snack to share!



REMINDER: WEEKLY MASS TIME

The start time for 8:15 AM Daily Mass is now 8:30 AM each day, Monday through Saturday.

Mass will continue to be offered on Tuesday through Thursday at 6:30 AM, with Parish Morning Prayer on Monday and Friday at 6:30 AM.

Mass Intentions

Sunday, September 8, 2019

7:30 AM +Shirley Bradvica

9:00 AM +Jack Galmiche

11:30 AM +Christopher Kombol

5:00 PM For the Parishioners

Monday, September 9, 2019

6:30 AM Prayer Service

8:30 AM + Doreen McInnes

Tuesday, September 10, 2019

6:30 AM + Jeanne Freeman

8:30 AM Int. Jude Anthony

Wednesday, September 11, 2019

6:30 AM + Gerald Wendorf

8:30 AM Int. Marie Collins

Thursday, September 12, 2019

6:30 AM + Tom Maronic

8:30 AM + Russ Sacco

Friday, September 13, 2019

6:30 AM Prayer Service

8:30 AM Int. Geri Bennett

Saturday, September 14, 2019

8:30 AM + Bill Chambers

5:00 PM + Jack Galmiche

Sunday, September 15, 2019

7:30 AM + Pius Chow

9:00 AM For the Parishioners

11:30 AM + Diana DeGeorge

5:00 PM Int. Michelle Bradford



Seeking Teens and Adults to Volunteer this Fall

Most Sundays, September to April
10:15 to 11:30 AM

Come inspire kids as a teacher or helper to grow in their faith and have fun with prayer, song, and faith-filled activities!

If interested in volunteering, please contact Mary at 503-636-7687 or maryb@ollparish.com.

www.ollparish.com/life-kids

Sign Up for 2019-2020



Life Kids: ollparish.com/register-lk

First Communion: ollparish.com/register-fc

Life Kids and Life Kids First Communion resumes Sunday, September 22.

Register now for the 2019-2020 school year. Preschool-5th grade.



CONFIRMATION SIGN UP

Youth (sophomore year and older) are invited to prepare for the Sacrament of Confirmation.

Our process involves sessions, host home meetings, liturgies and retreats.

We are seeking Host home leaders and adults to serve on the Confirmation team for the 2019-2020 school year. Interested? Email Lily (lilyw@ollparish.com) or Mary Jane (maryjanew@ollparish.com) or call the office at 503-636-7687 and ask for Mary Jane or Lily.

EDGE/LIFE TEEN

Begins in September. Check out our website to register. If you wish to assist in the program, contact Lily or Mary Jane.

Called to Protect Training — 2019-2020 Training for Clergy, Employees, and Volunteers

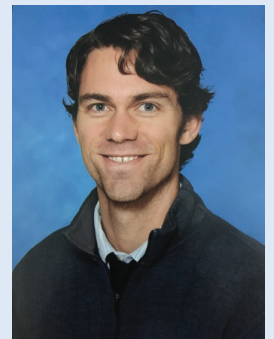
This year's training will be a combination of a video and live training presentation. This one and a half hour CASE Workshop training will be available at Our Lady of the Lake in August and September. Please see the website for the Sign Up Genius link to see the calendar of classes. For more information, contact Mary Jane Weber. Thank you to those who have completed the CASE Training.

OLL School: Meet Matt Gregor, New Vice Principal

Greetings! As the newly hired vice principal at Our Lady of the Lake, I would like to express my sincere gratitude to Fr. John and Mrs. Buich for giving me the opportunity to serve the parish and school communities. Before this, I dedicated twelve years of service (six of those as vice principal) to Holy Family Catholic School, teaching middle school social studies, math, and creative writing. I grew very close to that community, and I am excited to learn what the community here at Our Lady of the Lake is all about.

I chose to teach in the Catholic setting for the opportunity to educate the whole child. I find great fulfillment in teaching students how to balance their spiritual, physical, and mental lives. My core values as an educator center on recognizing the dignity in all students by finding and developing their unique abilities, as well as giving kids the spiritual, emotional, and mental tools for resiliency and life balance. I look forward to learning and growing as a member of this community. I will do my best to contribute positively to the lives of our students.

Sincerely, Matt Gregor



Join a Small Group or Start Your Own!



Join an existing small group or begin a new one based on neighborhood, life stage, or gender! We have groups meeting in West Linn, Tigard, Lake Oswego, and Canby. We have groups for Mom's dad's, women, men, and young adults.

Check out our Small Group directory at www.ollparish.com/small-groups and click on **Visit our Small Group Directory to Sign Up!**

Explore Your Faith



Midweek studies on the Bible, Church History, and Catholic Biblical Foundations. Classes are offered Monday-Thursday, in the morning or evening.. This season, attend a class on the Creed, Biblical Roots of the Catholic Faith, Church History, or the books of Matthew and Revelation.

Visit www.ollparish.com/bible-study to see what is being offered and to sign up.

Baptism Session for Parents of Infants and Young Children — September 15 & 16



Please note that on Sunday, September 15 and Monday, September 16 the next series of Baptism Classes for parents is scheduled. First time parents and parents who have not taken the class in the last 4 years are required to attend both sessions prior to the Baptism of their child. In our parish, Godparents are strongly encouraged to attend the class but they are not required to do so.

Godparents: Many dioceses around the country are requiring Godparents to also take the class. If you think someone you care about may ask you to be a Godparent in another diocese, please be prepared to take the class prior to the baptism. Explore our website for dates and times.

To sign up for classes or to save the date for your baby's baptism, go to www.ollparish.com/baptism

Beginning Experience of Oregon: October 4-6

Beginning Experience provides emotional tools to survive after the termination of a marriage relationship caused by death, divorce or separation. Visit: www.beginningexperienceoforegon.org. For information call Karen 971-404-6512 or JoAnne at 503-476-4796.

Upcoming Retreats



If you have not yet attended an **ACTS Retreat**, now is your chance! **ACTS (Adoration, Community, Theology, Service) Retreats** are an opportunity to enter into a new or deeper relationship with Jesus Christ and your fellow parishioners. ACTS Retreats are four days (Thursday-Sunday).

Men: September, 26-28, 2019 Women: June 18-21, 2020



Two-by-Two Couples Retreat • November 15-17, 2019: Couples, join us

on this *Sacred Path* retreat to reflect on your spiritual life as a couple and as an individual. Our hope is that you will be renewed in relationship and spirit as disciples.

For more information on Upcoming Retreats and to register, visit ollparish.com/retreats.

Women's Retreat • February 28-29, 2020: Women, join other women of the parish for two days of rest and reflection at Mary's Woods.

For more information and to register for a Retreat at OLL, visit www.ollparish.com/retreats

Returning and Searching Catholics

Know God More Personally Through Awakening Faith

Have you considered returning to the Catholic Church — or developing for the first time — a more active practice of your Catholic Faith? Like many Catholics, your faith may have been passed down to you by your parents or other family members. Maybe you even attended Catholic schools. Did your faith development stop once you reached adulthood?

Awakening Faith Small Groups invite you to...
Fill the Hole in Your Life that only God can Fill
Know God More Personally
Unlock the Mysteries of Catholicism



Truly connecting to your Catholic faith can bring a renewed appreciation of being a Catholic.

We are coming together in a small group to grow in our understanding of God and of the true meaning of life. We will meet in the Parish Library, on the 2nd floor in the Parish Center, as of Thursday, September 26, from 7:00 to 8:30 PM. We have 6 meetings together and 4 optional, to be decided. We will talk about Spirituality (*if I am spiritual do I need the Church?*), Who is Jesus, The Holy Spirit, God's unending Mercy, The Mass (*the source and summit of being a Catholic*), the Church, (*given to us by Jesus, for a reason*).

I will be happy to answer any questions. Contact me - or just show up. For more information go our website: ollparish.com/adults. Call Margaret Jamieson at 503-635-2915 or email at maggiemandmargaret@gmail.com.

**Come See Pulitzer Prize Winning
Author Marilynne Robinson •
Wednesday, September 11 at 7:15
PM — Free**



University of Portland Chiles Center

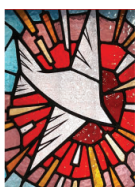
Dr. Marilynne Robinson is an award winning novelist and essayist. She will speak about “Wisdom and Knowledge” and the absolute necessity of wonder, faith and reason as partners in understanding our world. This is part of the 2019 Zahm Lectures at the University of Portland Chiles Center. Visit up.edu/garaventa for more information.

**St. Anthony Severe Weather Shelter - Seeking
Volunteers**

For the 11th year, St. Anthony in Tigard will open their Severe Weather Shelter from November 2 through March 2020 on all Saturdays (and occasionally Monday, Tuesday, and Wednesdays) during inclement weather. This totals about 40 nights. Each night, 16-20 volunteers are needed.

If you are interested in serving as an overnight host monitor, greeter/server, food prepare, shower monitor, sign tender, or laundry volunteer, go to satigard.org/ministry/severe-weather-shelter to fill out the form. Training is October 10 at 5:30 PM.

**Red Mass: Dinner & Talk
Saturday, September 28**



Mass of the Holy Spirit will be offered at the Cathedral at 5:30 PM for members of the legal profession and is open to all. The Most Reverend Alexander K. Sample will be the celebrant and homilist.

Following the Mass, you are invited to dinner with the Honorable Mary Helen Murguia, a Circuit Judge of the U.S. Court of Appeals for the Ninth Circuit, at the MAC Club at 7:00 PM. **The Mass and dinner can be attended separately or as one event.**

To register for the dinner & talk: Please go online to redmass2019.eventbrite.com or contact Irene Ebukam in the Office of the Chancellor at iebukam@archdpx.org or (503) 233-8323.



**Seeking Paid and Volunteer
Caregivers to Work in Our Nursery!**

Is God calling you to provide loving care to our little ones while their parents attend Mass and church events? If so, we are looking to hire a paid caregiver to work every Sunday morning as well to add volunteers who can serve on Sundays of their choice. This a great part-time opportunity for teens, adults, and seniors to provide childcare to infants 9 months - 3 years old in our parish nursery.

If interested, please contact Mary at maryb@ollparish.com or call the parish office at 503-636-7687.

DONATIONS NEEDED FOR REFUGEES

Despite the decrease in the quantity of refugees arriving in Portland, there are still some that are making their way to our beautiful City of Roses! The following items are what Catholic Charities needs at this time to assist refugees. **Donation Needs:** vacuums • microwaves • coffee tables, end/ side tables • twin and full sized comforters • children's bikes. Any help you can provide would be greatly appreciated. Please contact Rod Sacconaghi at rodneysacconaghi@gmail.com.

September Health Notes

September is National Cholesterol Education Month. Americans of all ages are susceptible to developing high cholesterol. It is important for everyone to learn what your cholesterol level means. This month, take time to have your cholesterol checked. Take steps to lower it if it is high.

To find out your cholesterol levels, ask your doctor to do a blood test called a lipoprotein profile to find out. It will measure your total cholesterol levels, including LDL (“bad” cholesterol), HDL (“good” cholesterol), and triglycerides. All adults should have cholesterol levels checked every 5 years. Less than half of young adults who have other risk factors have cholesterol screening. These risk factors include obesity, smoking, high blood pressure, diabetes, and family history.

This is also a good month to learn about food and lifestyle choices that help you reach personal cholesterol goals. In America, more than 102 million adults have cholesterol levels that are above healthy levels. More than 35 million of these people have levels which puts them at high risk for heart disease.



**OLL FLU PREVENTION
EVENT**

**SUNDAY, SEPTEMBER 15
10:15 AM TO 1:15 PM
BRIDE’S ROOM, PARISH HALL**

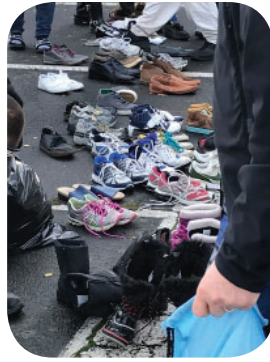
Get your flu shot here! Walk right in!
No appointment needed!

Sponsored by OLL Parish Health
Administered by Rite Aid

- Most insurances are accepted (Kaiser patients must get flu shots at Kaiser)
- **Bring your insurance card.**
- \$39.99 For quadrivalent vaccine (no insurance).
- High dose vaccine for those 65 years and over is available for \$76.99 if you are not on medicare. (Medicare does cover high dose vaccine).
- **Co-pays should be paid with exact change or check.**
- Vaccinations are available for those 7 years of age or older. No flu mist available this year.

Winter Clothing Drive for the Homeless

Mercy Teams will be collecting adult winter clothing and blankets. We will distribute items all winter, starting in October. The Street Ministry to the Homeless provides warm clothing, hot food and lots of love, every 4th Saturday of the month.



Items we need: 90% men's, XI, LG. & Med. Sizes. Used Clothing is preferred.

- Jackets, Jeans, Wool clothing, Sweaters, Fleece, Sweats, Shirts.
- Boots – used, tennis shoes. Socks, new, used, athletic, wool, heavy weight.
- Knit Gloves, Knit Hats, Warm Scarves, Thermal Underwear, (new) med, lg, xl. New underwear med, lg, xl.
- Blankets, new or used.

Items we DO NOT Need for the Street Ministry: Dress clothing, dress shoes, kids clothing.

Please bring items downstairs to the parish hall before or after mass or mid-week.

Street Ministry to the Homeless

- Join us Saturdays September 28, October 26, Nov 23rd, Dec 28th.

Young children welcome to help with the prep work, (sack lunches, clothing sortation, hygiene kit assembly), between 7 am and 9 am. Young teens with parents welcome on the street.



Come recognize and celebrate the humanity and dignity of our fellow human beings trapped on the streets. This is a great way for any parishioner to serve and share the Love of Jesus with the marginalized.

Operation Overcoat – Saturday, September 28 – help distribute clothing and food to the homeless of downtown Portland.

Habitat for Humanity – Catholic Community Build Day and Open House Saturday, October 5. Our parish has joined with the Archdiocese and 5 or 6 other parishes in a matching fundraiser for Habitat Willamette West. Sign up now for the October 5 Catholic Community Habitat Build or come to the open house and learn more.

Sign up for these projects or learn about new service opportunities through Mercy Teams. Go to the parish website ollparish.com/mercy-teams

Respect Life • www.ollparish.com/respect-life

Get Ready!

Beginning September 25 you're invited to join other Christians for 40 Days for Life - 40 days of prayer and fasting for an end to abortion. You're also invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside the Lovejoy Surgicenter in Portland.



40 Days for Life Opening Mass: September 14, 5:30 PM, St. Rose of Lima, 2727 NE 54th Avenue, Portland. Father Matt Libra and Deacon Brian Diehm.

"I am in this movement today because of ordinary people who took on an extraordinary task. My former abortion clinic is closed because of their sacrifice. Babies are alive because of them. Women are no longer being hurt by abortion in their community. You can do this. You can save a life. I now stand alongside you in this 40 Days for Life movement." Abby Johnson, Former Planned Parenthood clinic director.

Upcoming Events in the Archdiocese

9/8 Monthly Prayers for Life: There will be a prayer service including the Rosary and Chaplet of Divine Mercy for the culture of life at St. Agatha's Catholic Church on September 8 at 12:00 PM. St. Agatha's is located at 7960 SE 15th Avenue, Portland.

9/20 40 Days for Life Prayer Vigil at Lovejoy Surgicenter, 933 NW 25th Avenue, Portland, at 6:00 PM with Archbishop Alexander K. Sample.

9/25 40 Days of Life Begins: www.40daysforlife.com/portland

Pastoral Care

Communion to the Homebound

Our Lady of the Lake provides a ministry to bring communion to the homebound.

If you know of anyone who would benefit from this ministry, call the Parish Office at 503-636-7687 or email communionministry@ollministry.com.

"Threads of Comfort" OLL Prayer Shawl Ministry

Join us in knitting/crocheting! We enjoy novice and experienced hands. Join us the first Saturday of each month in the Parish Hall, Carpet Area from 10:00 AM to 12:00 PM. The ministry is an informal group who share tricks, designs, personal stories and prayers. We can start you out. Visit www.ollparish.com/prayer-shawl for more information.