



Love God, Love Others, Make Disciples of Jesus Christ

OUR LADY OF THE LAKE CATHOLIC CHURCH

The Epiphany of the Lord

Resolution: *To Grow Deeper in Faith*

Happy New year, and new decade! For many of us, the turn of the new year is a time to make resolutions, commitments, and life changes. What are you resolving to do in 2020? What commitments have you made to yourself, your family, your friends, and yes, even God? What life changes would you like to make in this new year and new decade? Will “grow deeper in my faith” be one of your resolutions this year?

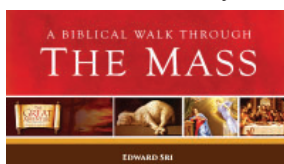
God is always ready and present to accompany each one of us on our journey in faith – but each one of us also needs to be willing to take the next step. Just like any resolution, the “resolve” to grow in our faith requires a commitment. Like the first steps of a new exercise routine, or dietary change, or resolve to seek a new job or renew a relationship, the decision to grow in faith needs an action plan. Our pastoral team at Our Lady of the Lake is here to help you with that plan. Here are some opportunities:

MERCY IN THE CITY – OUR CHRISTMAS GIFT BOOK

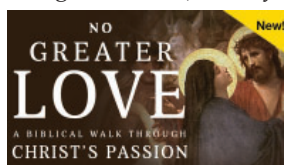
Our Christmas Gift Book to you this year is *Mercy in the City* by Kerry Weber. If you have not yet picked up your copy, find one in the Narthex, at the Parish Hall welcome desk, or at the Parish Office. *Mercy in the City* delightfully shares the young author’s insights and gentle challenge to put our faith into action.



Christmas Gift Book



Begins tomorrow, January 6



Three opportunities to attend.



Mount Angel Abbey, where most OLL retreats will be held.

We have three sessions planned to discuss *Mercy in the City* during our Sunday morning **Focus on Faith (10:20-11:15 – so you can attend either morning Mass)**. Sundays, February 9, 16, and 23.

PARTICIPATE IN A BIBLE STUDY

Starting tomorrow, January 6, join a short, 5-week journey through the Bible with *A Biblical Walk Through the Mass* on Mondays from 10:00 AM to 12:00 PM.

Three opportunities for *No Greater Love: A Biblical Walk through Christ's Passion* will be offered, one prior to Lent and the other two during Lent:

- January 29-February 26, Wednesdays from 11:00 AM to 12:30 PM.
- February 24-March 30, Mondays from 10:00 AM to 12:00 PM
- February 24-March 30, Mondays from 7:00 PM to 9:00 PM

For more information and to register, visit our Bible Study page at ollparish.com/bible-study.

MAKE A RETREAT IN 2020

Retreats provide a special time to grow in faith by taking “a sacred time apart with God.” Visit our retreats page, ollparish.com/retreats, for more information and to register

Continued on page 2

WEEKDAY SERVICES

Mass at 8:30 AM Monday - Saturday

Mass at 6:30 AM Tuesday, Wednesday, Thursday

Morning Prayer at 6:30 AM Monday, Friday

Recitation of the **Rosary** after Mass on Monday - Saturday

SUNDAY MASSES

Saturday Vigil 5:00 PM,
Sunday Morning 7:30, 9:00, 11:30 AM,
Life Teen Mass 5:00 PM

LOCATED AT

790 A Avenue
Lake Oswego, OR 97034

SACRAMENT OF RECONCILIATION

Saturday 3:30-4:30 PM or by Appointment

ADORATION OF THE EUCHARIST

First Friday of the Month
8:45 AM to 12:00 PM in the Church

SACRAMENT OF ANOINTING OF THE SICK

Call the Parish Office

PARISH STAFF

Clergy:

Fr. John W. Kerns, Pastor
frjohn@ollparish.com

Fr. Suresh Amalraj, Parochial Vicar
frsuresh@ollparish.com

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Resolution: To Grow Deeper in Faith

Continued from page 1

for the following retreats:

- **Men's Retreat:** January 24-26, at the Mount Angel Abbey, Guesthouse (see more on page 5)
- **Women's Retreat:** February 28-29 at Mary's Woods
- **Women's ACTS Retreat:** June 18-21 at Mount Angel Abbey
- **Men's ACTS Retreat:** October 8-11 at Mount Angel Abbey
- **Couple's Retreat:** November 20-22 at Cannon Beach Conference Center

JOIN A SMALL GROUP

One great way to grow in faith is through participating in a small group. At Mass, whether on Sundays or weekdays, we gather and participate with the larger community but don't really have an opportunity to talk about our faith questions or to reflect upon or discuss how our faith applies to real life situations. Small groups provide that chance to share and live our faith with others with whom we meet on a consistent basis.



Discover the variety of small group options at ollparish.com/small-groups.



ATTEND FOCUS ON FAITH

Winter and spring schedule coming soon! Make sure to visit www.ollparish.com/fof for the full winter and spring schedule.

This Week

Sunday, January 5, 2020

The Epiphany of the Lord

Fellowship After Mass 7:30 AM PH-FRONT
Life Kids Beginners 8:45 AM PH-CC
Focus on Faith 10:15 AM PC-BETH

Monday, January 6, 2020

Alcoholics Anonymous 6:30 AM PC-PLIB
Centering Prayer 9:30 AM PC-PLIB
A Biblical Walk...Mass 10:00 AM PC-JSLM

Tuesday, January 7, 2020

Revelation Study 9:15 AM PC-NAZ
Moms & Tots 9:30 AM PC-JSLM
SVDP Meeting 4:00 PM PC-NAZ
Fatima Rosary 6:00 PM PC-PLIB
Young Adult Small Group 6:00 PM PC-BOARD
KC Officers Meeting 6:30 PM PC-BETH

Wednesday, January 8, 2020

Alcoholics Anonymous 6:30 AM PC-PLIB
Charismatic Prayer Group 11:00 AM PC-PLIB
Fulfilled, Pt. 2 11:00 AM PC-NAZ
Centering Prayer 7:00 PM PC-PLIB
Choir Practice 7:00 PM CH

Thursday, January 9, 2020

EPIC Church History 10:00 AM PC-JSLM
Matthew Bible Study 7:00 PM PC-JSLM
Alcoholics Anonymous 7:00 PM PC-NAZ
Undertones Concert 7:00 PM CH

Friday, January 10, 2020

Alcoholics Anonymous 6:30 AM PC-PLIB
Alcoholics Anonymous 8:00 PM PH-CARP

Saturday, January 11, 2020

DOGS Men's Group 7:00 AM PC-NAZ
Saturday Wine & Cheese 6:00 PM PH-FRNT
Confessions 3:30 PM CH

Sunday, January 12, 2020

The Baptism of the Lord

KC Breakfast 7:30 AM PH-FRONT
Life Kids Beginners 8:45 AM PH-CC
EDGE 10:15 AM PC-JSLM
Focus on Faith 10:15 AM PC-BETH
Life Kids 10:15 AM SCH
Baptism Class 12:00 PM PC-NAZ
Confirmation/Life Teen 6:30 PM PH-FRONT

PC=Parish Center Building—Cana, Nazareth, Bethlehem and Jerusalem Rooms; SCH=School—Multipurpose Room, Gym;
PH=Parish Hall—Front, Mid, Carpet, Child Care, Cook CH=Church—Church, Loft, Narthex; OTHER=Off Campus Event

The Epiphany of the Lord Blessing your home with chalk

An Epiphany custom is to bless your home, using chalk to write **20 + C + M + B + 20** above the main doorway. The number of the New Year, 2020, is split at the beginning and the end. C, M, and B are the initials of Caspar, Melchior, and Balthasar, the traditional names of the three Magi. The initials also represent the Latin *Christus mansionem benedicat*, "May Christ bless this house."



To bless your home, gather your family and sing "We Three Kings of Orient Are." Then read Matthew 2:1-12.

As you write the numbers on the doorway to your home, pray: "May Christ bless this house."

Envelopes with chalk and these instructions are available for you to take home today. You'll find them in baskets at the entrances/exits to the church.

Prayer after Communion on Epiphany

Go before us with heavenly light, O Lord,
always and everywhere,
that we may perceive with clear sight
and revere with true affection
the mystery in which you have
willed us to participate.
Through Christ our Lord. Amen

Wine & Cheese Fellowship Saturday, January 11 at 6:00 PM

If you attend the Saturday Evening Mass at 5:00 PM at Our Lady of the Lake, please join your fellow parishioners for a friendly gathering right after Mass in the Parish Hall. We will enjoy some wine, cheese and other light fare. Feel free to bring a snack to share!



Knights of Columbus Breakfast
Sunday, January 12 • 7:30 to 11:00 AM.
Scrambled Eggs • Bacon & Sausage • French Toast & Pancakes • Strawberry or Blueberry toppings, Whipped cream, Orange Juice & Coffee

Family \$28.00 • Adults \$9.00
Kids 7 to 12 - \$5.00 & Under 7 Free
Proceeds Go to Charity



Offertory

We thank all those who contribute to the support of Our Lady of the Lake Church. Our fiscal year runs July 1 through June 30.

THIS YEAR: Week ending 12/22/2019

Weekly Collection: \$51,075

Fiscal Year to Date: \$711,688

LAST YEAR:

Weekly Collection: \$28,212

Fiscal Year to Date: \$703,513

BUDGET:

Fiscal Year to Date: \$755,886

Stay up to date with events at OLL

Read the Bulletin! Sign up for Weekly Parish emails by calling the office!
Visit the Website at ollparish.com!
Check us out on Social Media!

Twitter @OLLLakeOswego

Facebook @OLLCatholicChurch &

Instagram @OLLCatholicChurch

Mass Intentions

Sunday, January 5, 2020

7:30 AM For the Parishioners

9:00 AM +Pius Chow

11:30 AM +Mary Zuboni

5:00 PM +Beverly Rothwell

Monday, January 6, 2020

6:30 AM Prayer Service

8:30 AM +Emmett Thornton

Tuesday, January 7, 2020

6:30 AM +Bill Powers

8:30 AM Int. Sandy Cobb

Wednesday, January 8, 2020

6:30 AM +Barbara Summers

8:30 AM +Paul Brisner

Thursday, January 9, 2020

6:30 AM Mass

8:30 AM Int. Robert Hoyt

Friday, January 10, 2020

6:30 AM Prayer Service

8:30 AM +Tom Smetanick

Saturday, January 11, 2020

8:30 AM Int. The Pelletier Family

5:00 PM Int. Naomi Croy

Sunday, January 12, 2020

7:30 AM For the Parishioners

9:00 AM +Emilie Tomaszek

11:30 AM +Amin Totonchy

5:00 PM Mass

Life Kids Beginners

Every Sunday • 8:45–11:30 AM
Nursery for 9 Months – 3 Years Old
Parish Hall Transept



**No Life Kids during Christmas Break:
December 22-January 5. See you January 12!**

Sundays 10:20 to 11:15 AM

Preschool—5th Grade

Where children are inspired with prayer, song,
and faith-filled learning

www.ollparish.com/life-kids

For more information about Children's
Ministry, contact Mary at maryb@ollparish.com
or call the parish office.



OUR LADY OF THE LAKE YOUTH + MINISTRY

**EDGE, Life Teen, and Confirmation resumes
January 12.**

Consult your Youth Ministry calendar for dates and
times for each individual ministry or contact Mary
Jane and Lily at maryjanew@ollparish.com or
lilyw@ollparish.com.

Baptism Session for Parents of Infants and Young Children — January 12 & 13



Please note that on Sunday, January 12 and
Monday, January 13, the next series of
Baptism Classes for parents is scheduled.
First time parents and parents who have
not taken the class in the last 4 years are
required to attend both sessions prior to
the Baptism of their child. In our parish,
Godparents are strongly encouraged to
attend the class but they are not required
to do so.

Godparents: Many dioceses around the country are requiring
Godparents to also take the class. If you think someone you
care about may ask you to be a Godparent in another diocese,
please be prepared to take the class prior to the baptism.
Explore our website for dates and times.

To sign up for classes or to save the date for your baby's
baptism, go to www.ollparish.com/baptism

Moms and Tots • Tuesdays, 9:30 to 11:30 AM • Jerusalem Room (Resumes Tuesday, January 7)



Parents & Tots, join a growing
small group of parents and their
tots (all children who have not
entered kindergarten) on Tues-
day mornings in the Jerusalem
Room.

Parents read the upcoming Sun-
day's Mass readings, explore a
few discussion questions about the
readings, as well as share prayer intentions, and just visit
about "life stuff" while kids play.

Meet with us for friendship and faith! Coffee is provided!

To sign up, visit www.ollparish.com/moms-and-tots.

Bulletin Entries

*Bulletin entries must be submitted two Fridays prior to publica-
tion date - unless early deadlines for holidays.* Submissions
must be sent by email to karab@ollparish.com. Entries may
be edited for purposes of clarity and space. For information
contact Kara.

*The New Year is a great time to notify the office of any
changes such as address, phone number or email, as well
as family additions. Please notify Georgeann Boras at the
Parish Office, 503-636-7687 or office@ollparish.com.*

Baptized for Mission: Becoming Fishers of Men

OLL Men's Retreat - January 24-26, 2020



Men: Has the past year felt unusually stressful? Is our fast-moving, digital world overwhelming your sense of purpose and focus? Do you simply need time to reset your spiritual compass, spend time in prayer, and renew your relationship with God? These are some of the many reasons to break away to attend the annual Our Lady of the Lake Men's Retreat. Will you join us this year? Who will you invite to attend who needs this opportunity?

Our Parish Men's Retreat is set for **Friday through Sunday, January 24-26, 2020** at the newly remodeled Mount Angel Abbey Guesthouse. We are delighted to announce that Archbishop Emeritus, John Vlazny, will be our retreat master and offer five reflection presentations during the course of the retreat days. Archbishop Vlazny is recognized for his pastoral and inspiring homilies. We will be blessed by his spiritual, scriptural and personal insights.

Time for silence, personal prayer on the peaceful abbey grounds, liturgical prayer with the monks, evening social time with other retreatants, and, of course, the delicious and plentiful Abbey food are all part of the retreat benefits.

Our retreat starts on Friday with Abbey vespers at 5:20, then dinner at 6:00 PM, and concludes with lunch on Sunday. Check-in begins on Friday at 3:00 PM. We encourage men to take the day off if possible, to arrive earlier on Friday afternoon to spend time in prayer, reflection, walk the grounds and then gather for vespers and dinner. The retreat fee of \$250 provides all lodging, meals and retreat materials. Retreat "fee subsidies" are available upon request.

The retreat books up quickly, so don't delay. Register online at www.ollparish.com/retreat. Are you able to "pay it forward" and offer part or full scholarships? Your generosity would be greatly appreciated. Please send requests or bequests to Tom Tomaszek, tomt@ollparish.com.

Awakening Faith

Do you want to know God more personally? Have you considered returning to the Catholic Church - or developing for the first time a more active Catholic Faith? Like many Catholics, your faith may have been passed down to you by your parents or other family members. Maybe you even attended Catholic Schools. Did your faith development stop once you reached adulthood? Is God in your life now? Truly connecting to your Catholic faith can be transforming, it can give you true life.

We are coming together in Awakening Faith to grow in our understanding of God and the true meaning of life. We will meet in the Parish Center Library beginning Thursday, January 16, from 7:00 to 8:30 PM. We have 6 sessions and 4 optional - to be decided by us. We will talk about Spirituality (If I am spiritual do I need the Church?), Who is Jesus, The Holy Spirit, God's unending Mercy, The Mass (the source and summit of being a Catholic), the Church (given to us by Jesus for a reason).

Contact me with any questions - or just show up on Thursday, January 16. For more information go to our website: ollparish.com/adults. Call Margaret Jamieson at 503-635-2915 or email me at maggieandmargaret@gmail.com

Awakening Faith invites you to...

Fill the Hole in Your Life

Know God More Personally

Unlock the Mysteries of Catholicism



Exodus 90- Are You Ready?

January 13—April 19, 2020 (Holy Thursday)

Are you ready this New Year for a personal challenge to grow in faith?

Join a small faith-sharing group to take on the challenge of **Exodus 90**. Journey together as a group of 5-7 men through the book of Exodus and discover a path to freedom through prayer, asceticism and fraternity, including contemplative prayer and a nightly Examen of conscience.

Join fellow parishioners and over 20,000 men who have experienced the transformative power of this 90-day spiritual exercise. Strengthen your spiritual life and relationships. Find true freedom in Christ. Your family, your parish, your church needs you!

To sign up, register on our Small Group page at ollparish.com/groups and select **Exodus 90 January 2020**. Download the Exodus 90 App at exodus90.com. Contact David Gewant at gewant@gmail.com for more information.



ONLINE GIVING IN 3 EASY STEPS

If you are already using online giving skip step 1 and 2. (If you forgot your user ID or password click the forgot button and a new password will be emailed to you.)

STEP 1 - REGISTER

- From www.ollparish.com
- Click **"Giving"** in top right navigation bar
- Click on **"Give Now"**:
- Click on **CREATE A NEW ACCOUNT**.
- Fill in the information boxes that contain a red asterisk. Make sure to write down your User ID and Password.
- **Submit.** You will receive an email to confirm your information.

STEP 2 – SET UP METHOD

- Now log into your account, click on **MY PAYMENT METHOD**.
- You will need to **ADD NEW BANK ACCOUNT** (if using your checking account) **OR ADD NEW CREDIT CARD** (if using your credit card).
- Provide all the information requested. Then click **SUBMIT**.

STEP 3 – SET UP DONATION

OPTIONS: You can choose multiple funds (RE, Maintenance, SVdP)

- Return to **MANAGE MY ACCOUNT** and choose **GIVE A NEW GIFT**.
- Choose **OFFERTORY** (fund), then select gift type **RECURRING**.
- Select payment and frequency and start date.
- Select the account (check or credit card), then enter amount and frequency.
- Click **NEXT** (bottom of page)
- In the **CONFIRM MY GIFTS** window, review the details to insure everything is correct. Click **SUBMIT**.

Notre Dame Concert at OLL

The University of Notre Dame Undertones are touring the Pacific NW and will be performing at Our Lady of the Lake Parish on Thursday, January 9 at 7:00 PM. Please come enjoy an evening of fabulous music and entertainment with this premier men's acapella ensemble. Tickets are not required - a free will offering to help defray tour expenses will be collected. CDs will be available for purchase for cash or check. The Notre Dame Club of Portland will host a reception in the Parish Hall after the concert - all are welcome! Please contact Julie Arndorfer at 503-475-3537 with any questions.



True Love: The Gift of Self: An Introduction to Natural Family Planning and the Creighton Model System

Our Lady of the Lake is excited to introduce our community to the practice of the Creighton Model Fertility Care System (CrMS), a form of Natural Family Planning which celebrates and respects the dignity of human life and the sacredness of marriage. **The first presentation will be on Sunday, January 12 during Focus on Faith (10:20 AM to 11:15 AM).**



This presentation will be given by two healthcare professionals from our parish, Dr. Grace Jazrawi and Megan Kreft, who specialize in the practice of CrMS and NaProTECHNOLOGY. Creighton Model System is a natural model where a woman or couple learns to track signs of her fertility, therefore being able to achieve or avoid pregnancy. CrMS is used in NaProTECHNOLOGY, a premiere women's health science, to diagnosis and treat various underlying women's health issues such as infertility, irregular cycles, recurrent miscarriage, ovarian cysts, PMS, and endometriosis.

Retrouvaille: A Lifeline for Married Couples

4 Stages of Marriage – The 4 stages of marriage are: (1) Romance, (2) Disillusionment, (3) Misery, and (4) Awakening. Many marriages experience the first 3 Stages. Marriages that end in divorce never make it to the 4th Stage of Awakening. Don't give up without learning about the 4th Stage of Awakening. If your marriage suffers from Disillusionment or Misery please contact Retrouvaille (pronounced retro-vi with a long i). For confidential information about or to register for the program beginning with a weekend on January 17-19, please call 1-503-225-9191 or visit www.helpourmarriage.org



Mercy Teams



Thank you to the hundreds of parishioners that have served through our parish Mercy Teams this past year.

Street Ministry to the Homeless - Families with young children are always welcome to participate in our monthly Street Ministry to the Homeless in a safe and abbreviated two-hour shift, making sack lunches from 7:00 to 9:00 AM. Hands on service is in a safe, home environment.

Street Ministry – Saturdays, January 25 and February 22

Volunteers add names using parish website or go to ollparish.com/mercy-teams

INCLEMENT WEATHER POLICY AT OUR LADY OF THE LAKE

This policy is for: Life Kids, Edge, Life Teen, Confirmation, Adult Faith Formation, Music Groups, and other scheduled meetings and classes.

Weekdays: The regular parish programs listed above will follow the morning snow closure and bad weather directions of the Lake Oswego School District. When the Lake Oswego schools are closed, the programs listed above will be closed.

Weekends or evenings: If there is a sudden change in the weather during the day, or the program meets in the evening or on a weekend, the Program Director or group organizer of the respective programs will make the decision as to the closure based upon consideration of the different areas surrounding OLL. The Program Director will also initiate the process of notifying people. If you are not sure if a program is cancelled, please call the office at 503-636-7687 for closure information.

Mass: Mass in Church will not be cancelled for weather emergencies. We will celebrate Mass with whatever ministers and people attend. No one should put themselves or their family at risk to fulfill a ministerial assignment or to attend Mass. When travel is dangerous, then all are excused from the obligation to attend Mass.

Respect Life

Every suicide is a tragedy—whether the person is young or old, healthy or sick. But legalizing doctor-assisted suicide creates two classes of people: those whose lives are protected, and those whose deaths are encouraged.

This is why Archbishop Joseph Naumann, Chairman of the USCCB Committee on Pro-Life Activities, and Archbishop Paul Coakley, Chairman of the USCCB Committee on Domestic Justice and Human Development, just asked the House of Representatives to support H. Con. Res. 79, a resolution expressing that assisted suicide is a “deadly, discriminatory and non-compassionate practice.” It is a bi-partisan resolution (introduced by CA Democrat Rep. Lou Correa), that both sides of the political aisle can support.

Please join your voice to theirs and tell your Representative to support the resolution, which urges the Federal Government to reject assisted suicide. The Resolution explains that every person facing death should have access

to quality medical and palliative health care—instead of drugs to help them end their own lives.

How you can help? Go to this website for more information or to send a message to your representative: <https://www.voter-voice.net/USCCB/Campaigns/70018/Respond>

Upcoming Events in the Archdiocese

1/5 Human Trafficking Silent Prayer Vigil: St. Andre Bessette Catholic Church, 601 West Burnside Street, Portland, from 11:15-11:45 AM. Pray for victims and an end to human trafficking.

1/12 Monthly Prayers for Life: There will be a prayer service including the Rosary and Chaplet of Divine Mercy for the culture of life at St. Agatha's Catholic Church, Portland, on January 12, at 12:00 PM. St. Agatha's is located at 7960 SE 15th Avenue, Portland.

1/21 9 Days for Life Novena begins www.9daysforlife.com

1/25 ORTL March for Life, Salem

St. Vincent de Paul



The St. Vincent de Paul Christmas Food Box program was an extremely rewarding experience! Our Lady of the Lake Catholic Church's St. Vincent de Paul Conference was able to deliver 120 boxes on Saturday, December 21 containing enough food items to provide a Christmas meal for the 414 individuals that we served.

Thanks to the 37 volunteer drivers and the family members assisting them plus Boy Scout Troop 230 assistance in loading the cars.