



Love God, Love Others, Make Disciples of Jesus Christ

OUR LADY OF THE LAKE CATHOLIC CHURCH

Third Sunday in Ordinary Time

Catholic Schools Week

Catholic schools are excellent when it comes to academics and helping kids achieve their potential! However, we are about more than just academics. We work to teach the balance between mental, physical, emotional, and spiritual health in our children. Throughout **Catholic Schools Week**, and all year long, we teach students how to achieve our **School-wide Learning Expectations (SLEs)**. They are: **Responsible Citizenship, Lifelong Learning, Self-Awareness**, and of course, **Catholic Values**. We strive to create young men and women who excel in these areas and leave our school ready to serve.

National Catholic Schools Week is an annual celebration of Catholic education throughout the United States. Now entering its 46th year, **Catholic Schools Week** has traditionally been held the last week in January. From January 26



through February 1, Our Lady of the Lake is hosting its own **Catholic Schools Week** events. We want to help showcase what makes Catholic schools the best when families are looking to find the right school for them.

Starting with **Sunday, January 26**, the school is hosting an **Open House** event to attract new families and share its accomplishments with parishioners. The Open House follows the 9:00 AM Mass, from 10:00 AM to 12:00 PM. All are welcome. Please consider inviting friends or family members who might be interesting in enrolling!

In addition, each day of the week has a special dress theme to celebrate the unique qualities and individuality of our beloved students. Monday is Pajama day. Tuesday is Sports day. Thursday is Superhero day.

Students will wear uniforms on Wednesday, January 29 due to all-school Mass. That morning the school's Parent Association is hosting Coffee and Donuts in the Parish Hall following the 8:30 AM school Mass. All parents who attend school Mass that day will enjoy extra time and some goodies with their children from 9:30-10:00 AM. We hope to celebrate



our community, grow in closeness to one another, and reap the benefits of the Catholic school privilege to attend Church during the school day.

On Friday, February 1, teachers will attend an Archdiocesan-wide **Faith Formation In-service**. Along with participating in Mass as a school district with Archbishop Sample, the teachers attend faith-based seminars and reflect on the privileges and responsibilities of being Catholic school educators. The theme for this year's **Catholic Schools Week** is **Learn. Serve. Lead. Succeed.**



WEEKDAY SERVICES

Mass at 8:30 AM Monday - Saturday

Mass at 6:30 AM Tuesday, Wednesday, Thursday

Morning Prayer at 6:30 AM Monday, Friday

Recitation of the **Rosary** after Mass on Monday - Saturday

SUNDAY MASSES

Saturday Vigil 5:00 PM,
Sunday Morning 7:30, 9:00, 11:30 AM,
Life Teen Mass 5:00 PM

LOCATED AT

790 A Avenue
Lake Oswego, OR 97034

SACRAMENT OF RECONCILIATION

Saturday 3:30-4:30 PM or by Appointment

ADORATION OF THE EUCHARIST

First Friday of the Month
8:45 AM to 12:00 PM in the Church

SACRAMENT OF ANOINTING OF THE SICK

Call the Parish Office

PARISH OFFICE: 503-636-7687 • Fax: 503-636-9415 • office@ollparish.com • www.ollparish.com

OUR LADY OF THE LAKE SCHOOL: 503-636-2121 • office@ollschool-lakeoswego.org • www.ollschool-lakeoswego.org

PARISH STAFF

Clergy:

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Fr. Suresh Amalraj, Parochial Vicar
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focus on FAITH at OLL

Sundays, 10:20 AM to 11:20 AM between
the 9:00 AM and 11:30 AM Masses

For more details, visit
www.ollparish.com/fof

Every Sunday

Explore the Sunday Readings

Join us for video presentations by Dr. Brant Pitre, exploring the 1st century Christian understanding of today's scripture readings and how it applies to us today.

Parish Center, Bethlehem Room

Beginners Nursery

Childcare for children 9 months to 3 years old from 8:45 to 11:30 AM. Children play in a safe, enriching, faith filled environment during the 9:00 AM Mass and Focus on Faith.

Parish Hall, West Alcove

January 26

A Biblical Walk Through the Mass: The Introductory Rites

There is so much meaning even in the Introductory Rites of the Mass! You see the tradition held in the Sign of the Cross, the Opening Greeting,

the Act of Penance, Kyrie, Gloria, and how all the intentions are gathered together in the Opening Prayer. Join at any time; resources are available for missed sessions in this five part-study.

Parish Hall, Carpeted Area

Catholic Basics: Bible 101

How do I begin to read and pray the Bible? What are the types of books included? What translations are approved?

Parish Center, Nazareth Room

February 2

Just say Yes

There is something inside us that often leaves us resistant to saying YES to God. Consider what might be holding us back from consistently pursuing God by just saying YES to Him.

Presented by Kris Christensen
Parish Center, Nazareth Room

This Week

Sunday, January 26, 2020

Third Sunday in Ordinary Time

Word of God Sunday

Fellowship After Mass	7:30 AM PH-FRONT
Life Kids Beginners	8:45 AM PH-CC
Focus on Faith	10:15 AM PC-BETH
OLL School Open House	10:00 AM SCH
Prayer Group	2:00 PM PC-PLIB
Confirmation/Life Teen	6:30 PM PH-FRONT

Monday, January 27, 2020

Alcoholics Anonymous	6:30 AM PC-PLIB
Centering Prayer	9:30 AM PC-PLIB
Biblical Walk...Mass	10:00 AM PC-JSLM

Tuesday, January 28, 2020

Revelation Study	9:15 AM PC-NAZ
Moms & Tots	9:30 AM PC-JSLM
Fatima Rosary	6:00 PM PC-PLIB

Wednesday, January 29, 2020

Alcoholics Anonymous	6:30 AM PC-PLIB
Charismatic Prayer Group	11:00 AM PC-PLIB
No Greater Love Study	11:00 AM PC-NAZ

Centering Prayer	7:00 PM PC-PLIB
RCIA	7:00 PM PC-JSLM
Choir Practice	7:00 PM CH

Thursday, January 30, 2020

EPIC Church History	10:00 AM PC-JSLM
Matthew Bible Study	7:00 PM PC-JSLM
Awakening Faith	7:00 PM PC-PLIB
Alcoholics Anonymous	7:00 PM PC-NAZ

Friday, January 31, 2020

Alcoholics Anonymous	6:30 AM PC-PLIB
Alcoholics Anonymous	8:00 PM PH-CARP

Saturday, February 1, 2020

DOGS Men's Group	7:00 AM PC-NAZ
Prayer Shawl Ministry	10:00 AM PH-MID
Confessions	3:30 PM CH

Sunday, February 2, 2020

Fourth Sunday in Ordinary Time

Fellowship After Mass	7:30 AM PH-FRONT
Life Kids Beginners	8:45 AM PH-CC
Life Kids	10:15 AM SCH
EDGE	10:15 AM PC-JSLM
Focus on Faith	10:15 AM PC-BETH

PC=Parish Center Building—Cana, Nazareth, Bethlehem and Jerusalem Rooms; SCH=School—Multipurpose Room, Gym;
PH=Parish Hall—Front, Mid, Carpet, Child Care, Cook CH=Church—Church, Loft, Narthex; OTHER=Off Campus Event

Liturgy, Music, and Prayer

Flu Season Precautions

Flu season is upon us, as many of you know, and perhaps have already experienced personally or in your family. While we always want to encourage attendance at Mass, and a spirit of hospitality, all of us should also take necessary precautions to not transmit a cold or the flu if we are ill.

The Archdiocesan Office of Divine Worship offers these recommendations to guide our approach to the celebration of Mass and the sacraments, and especially the reception of Holy Communion. Our Lady of the Lake parish will continue offering Holy Communion under both species, however:

1. Those who are not feeling well should refrain from receiving from the chalice and should receive Holy Communion under the form of bread alone to avoid transmitting any illness.
2. Due to the fact that our hands are often transmitters of the cold and flu, care should be taken:
 - a. Never self-intinct (dip) the consecrated host into the Precious Blood.
 - b. If you are ill, in place of the regular way of offering the sign of peace, a nod of the head and a verbal greeting of peace rather than the shaking of hands during this cold and flu season may be used.
 - c. Holding hands during the Our Father is discouraged.
3. Those who are Extraordinary Ministers of Holy Communion in the parish church or those involved in ministry to the homebound should take special precautions. They should heed all health directives by frequently washing their hands and avoiding contact with others, especially those most susceptible to illness.
4. Catholics who are ill are excused from Sunday worship out of respect and concern for their fellow worshipers. Catholics who are ill may make a spiritual communion during the time of their illness.

YEAR OF THE WORD OF GOD WEEKLY RESOURCES AND PLANS

Today is Word of God Sunday. All parishioners are invited to join us this year on a journey of reading through the Bible. A Reading Plan has been made available and can be found in the Narthex, at the Welcome Desk in the Parish Office, or at the Parish Office.

For those beginning the plan today, we will begin by reading **Genesis 1, Psalm 1, & Matthew 1:1-17**. If you have any questions, feel free to stop by the Parish Office or Welcome Desk and we'd be happy to help as well as offer encouragement.

Don't worry about getting behind or starting later. You can go at your own pace or jump back in wherever we are at (all year it will be posted in the bulletin as well as on Social Media and the weekly emails). Visit www.ollparish.com/read-the-bible for more information, resources, and encouragement!

SUGGESTED BIBLES

- For Adults: *The Catholic Study Bible*, 3rd Edition, NABRE, amzn.to/3a0F6tX
- For Youth: *The Catholic Youth Bible*, 4th Edition, NABRE, amzn.to/386FaGS
- For Children: *The Catholic Children's Bible*, amzn.to/2FKPx75 (All children enrolled in the First Sacraments Prep program receive this Bible).



Offertory

We thank all those who contribute to the support of Our Lady of the Lake Church. Our fiscal year runs July 1 through June 30.

THIS YEAR: Week ending 1/12/2020

Weekly Collection: \$31,653

Fiscal Year to Date: \$859,106

LAST YEAR:

Weekly Collection: \$30,419

Fiscal Year to Date: \$857,379

BUDGET:

Fiscal Year to Date: \$864,136

Stay up to date with events at OLL

Read the Bulletin! Sign up for Weekly Parish emails by calling the office! Visit the Website at ollparish.com!

Check us out on Social Media!

Twitter @OLLLakeOswego

Facebook @OLLCatholicChurch &

Instagram @OLLCatholicChurch

Mass Intentions

Sunday, January 26, 2020

7:30 AM Int. Sandy Nosler

9:00 AM +Gene Gonzales

11:30 AM Mass

5:00 PM Mass

Monday, January 27, 2020

6:30 AM Prayer Service

8:30 AM +Barbara Summers

Tuesday, January 28, 2020

6:30 AM Mass

8:30 AM Mass

Wednesday, January 29, 2020

6:30 AM Special Intention

8:30 AM Mass Intention

Thursday, January 30, 2020

6:30 AM +Heidi W.

8:30 AM Int. Fr. John Marshall

Friday, January 31, 2020

6:30 AM Prayer Service

8:30 AM Mass

Saturday, February 1, 2020

8:30 AM +Al Sturr

5:00 PM +Morgan Moroni

Sunday, February 2, 2020

7:30 AM Mass

9:00 AM +Ryan Carr

11:30 AM +Doula Totonchy

5:00 PM Mass

To view upcoming Mass Intentions or to request a Mass Intention online, visit www.ollparish.com/intentions

Life Kids Beginners

Every Sunday • 8:45–11:30 AM
Nursery for 9 Months – 3 Years Old
Parish Hall Transept



Seeking volunteers to help with teacher activities,
especially in preschool and kindergarten.

Sundays 10:20 to 11:15 AM

Preschool—5th Grade

Where children are inspired with prayer, song,
and faith-filled learning

www.ollparish.com/life-kids

For more information about Children's
Ministry, contact Mary at maryb@ollparish.com
or call the parish office.



**OUR LADY OF THE LAKE
YOUTH + MINISTRY**

NO EDGE MIDDLE SCHOOL SUNDAY, JANUARY 26

EDGE will resume Sunday, February 2 in the Jerusalem Room from 10:15 AM to 11:15 AM.

CONFIRMATION & LIFE TEEN

Required meeting for all parents and teens this Sunday, January 26 from 6:15 (after the 5:00 PM Mass). A light dinner will be served. Information on the Confirmation and Youth Ministry program.

Contact Tom Tomaszek at tomt@ollparish.com for more.

Moms and Tots • Tuesdays, 9:30 to 11:30 AM • Jerusalem Room



Parents & Tots, join a growing small group of parents and their tots (all children who have not entered kindergarten) on Tuesday mornings in the Jerusalem Room.

Parents read the upcoming Sunday's Mass readings, explore a few discussion questions about the readings, as well as share prayer intentions, and just visit about "life stuff" while kids play.

Meet with us for friendship and faith! Coffee is provided! To sign up, visit www.ollparish.com/moms-and-tots.

OLL School Open House - Today, January 26

Are you or someone you know looking for Catholic education for children kindergarten through 8th grade? If so, come to the OLL School Open House today, Sunday, January 26, from 10:00 AM to 12:00 PM. Meet faculty and staff, current students, and receive a tour of the school.

Catholic Schools Tuition Assistance

January 26 through February 1 is Catholic Schools Week. You will find an envelope for Tuition Assistance in your envelope packets for the months of January and June. You can also find these envelopes at the entrances of the church. By focusing on faith, knowledge, and service, Catholic schools prepare children to use their God-given talents to the fullest later in life. Please join in supporting our Tuition Assistance Fund to benefit Our Lady of the Lake School children.

CATHOLIC SCHOOLS



DIVIDENDS FOR LIFE

Women's Silent Retreat at OLP, February 14-16

Our Lady of Peace Retreat in Beaverton presents the winter Women's Silent Retreat, with Fr. John Marshall, pastor of St. John the Baptist Church in Milwaukie. The retreat theme is: "The Art of Accompaniment: Evangelizing by Walking with Others". The weekend begins with dinner on Friday evening and concludes after brunch on Sunday. For inquiries or to register, please phone the retreat house at 503-649-7127 or email sisters@olpretreat.org. Suggested donation is \$172 for the weekend. Commuter rates available.

Holy Women: "Official and Unofficial"

OLL Women's Retreat - February 28 & 29

All women are invited to OLL's 9th Annual Women's Retreat to explore the topic of Holy Women in our faith and the women who have influenced us in our lives.

All women are invited to our retreat with the distinguished Dr. Karen Eifler. We will explore the topic of Holy Women in our faith and the women who have influenced us in our lives.

We will begin on Friday night and continue through Sunday afternoon closing with a Visio Divina. We will also have a beautiful treat, a book of the St. John's Bible will be with us during the retreat.



Location: Historic Laundry Room at Mary's Woods.

Cost: \$85 - Includes dinner Friday and breakfast & lunch Saturday.

8 overnight rooms available, extra cost: \$30.

Register online at www.ollparish.com/retreats.



Retreat Speaker: Dr. Karen Eifler

Dr. Karen Eifler is a well known and accomplished professor from the University of Portland in the School of Education. She is also co-director of the Garaventa Center at University of Portland which provides speakers and artists from every discipline to share their work, missions and insights. The Garaventa Center also provides the weekly Fractio Verbi podcasts which reflect on Sunday's readings.



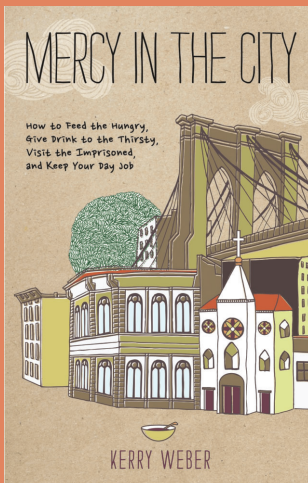
No Greater Love: A Biblical Walk Through Christ's Passion



Walk step-by-step with Christ from the Garden of Gethsemane to Calvary. Three offerings:

- Wednesdays, January 29-February 26 from 11:00 AM to 12:30 PM.
- Mondays, February 24-March 30 from 10:00 AM to 12:00 PM
- Mondays, February 24-March 30 from 7:00 PM to 9:00 PM

For more information and to register, visit www.ollparish.com/bible-study.



Christmas Gift Book: *Mercy in the City*, by Kerry Weber Discussion Opportunities

If you haven't had a chance to pick up the Christmas Gift Book, there are a few copies left in the Parish Office. Pick it up and join us for the upcoming discussions during Focus on Faith!

Sunday, February 9

Sunday, February 16

Sunday February 23

10:20 AM to 11:15 AM • Nazareth Room

More to come during Lent!

Regina Caeli Academy, 2019-2020 Upcoming Admissions Events

Join our exciting mission to form the next generation of Catholics! Regina Caeli Academy provides a classical, hybrid education in the Catholic tradition. Pre K3-12th grade students attend Socratic, hands-on classes two days a week and homeschool on the remaining days. Come to the High School Info Session: Monday, January 27 at 1:30 PM. Events include a tour, classroom observation, and Q&A; children welcome!

RSVP to raldrich.por@rcahybrid.org or call (971) 238-9249. www.rcahybrid.org

ONLINE GIVING IN 3 EASY STEPS

If you are already using online giving skip step 1 and 2. (if you forgot your user ID or password click the forgot button and a new password will be emailed to you)

STEP 1 - REGISTER

- From OLL website www.ollparish.com
- Click "Giving" in top right navigation bar
- Click on "Give Now:
- Click on **CREATE A NEW ACCOUNT**.
- Fill in the information boxes that contain a red asterisk. Make sure to write down your User ID and Password (put in a secure and safe place.)
- **Submit. You will receive an email to confirm your information.**



STEP 2 – SET UP PAYMENT METHOD

- Now log into your account, click on **MY PAYMENT METHOD**.
- You will need to **ADD NEW BANK ACCOUNT** (if using your checking account) OR **ADD NEW CREDIT CARD** (if using your credit card).
- Provide all the information requested. Then click **SUBMIT**.

STEP 3 – SET UP DONATION

OPTIONS: You can choose multiple funds (RE, Building Maintenance, SVdP)

- Now return to **MANAGE MY ACCOUNT** and choose **GIVE A NEW GIFT**.
- Choose **OFFERTORY** (fund), then select gift type **RECURRING**.
- Select payment and frequency and start date.
- Select the account (check or credit card), then enter amount and frequency.
- Click **NEXT** (at the bottom of the page)
- In the **CONFIRM MY GIFTS** window, review the details to insure all is correct. Click **SUBMIT**.

INCLEMENT WEATHER POLICY AT OUR LADY OF THE LAKE

This policy is for: Life Kids, Edge, Life Teen, Confirmation, Adult Faith Formation, Music Groups, and other scheduled meetings and classes.



Weekdays: The regular parish programs listed above will follow the morning snow closure and bad weather directions of the Lake Oswego School District. When the Lake Oswego schools are closed, the programs listed above will be closed.

Weekends or evenings: If there is a sudden change in the weather during the day, or the program meets in the evening or on a weekend, the Program Director or group organizer of the respective programs will make the decision as to the closure based upon consideration of the different areas surrounding OLL. The Program Director will also initiate the process of notifying people. If you are not sure if a program is cancelled, please call the office at 503-636-7687 for closure information.

Mass: Mass in Church will not be cancelled for weather emergencies. We will celebrate Mass with whatever ministers and people attend. No one should put themselves or their family at risk to fulfill a ministerial assignment or to attend Mass. When travel is dangerous, then all are excused from the obligation to attend Mass.

Don't forget to notify the office of any changes such as address, phone number or email, as well as family additions. Contact Georgeann at 503-636-7687 or office@ollparish.com.

Bulletin entries must be submitted two Fridays prior to publication date - unless early deadlines for holidays. Send submissions via email to karab@ollparish.com. Entries may be edited for purposes of clarity and space. For information contact Kara.

Thinking about Separation or Divorce?

Is your marriage or that of a relative or friend heading for divorce? Do you know how to save that marriage? Or do you feel helpless? Retrouvaille is designed to help troubled marriages regain their health. It helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. The program is highly successful in saving hurting marriages, even bringing reconciliation to couples who have already separated or divorced. For confidential information about or to register for the program, call 503-225-9191 or visit www.helpourmarriage.org.

NCC Workshop Explores Dependency in Relationships

Successful give and take in a relationship is the sign of a healthy balance of codependence and interdependence. When that balance is upset, feelings of dependence or responsibility for others' actions often results. This interactive workshop offers tips about healthy and unhealthy forms of dependency and offers suggestions on nurturing healthier forms of interdependence. The workshop is led by Michelle Sideroff, LPC.

Mark your calendar for Saturday, February 22, 2020. The workshop runs from 10:00 AM to 12:00 PM. The cost is \$30. Hardship scholarships are available upon request. Pre-registration is required.

The workshop is held at the Northwest Catholic Counseling Center, 8383 NE Sandy Blvd., suite 205, Portland, OR 97220. To register for this workshop, please visit www.nwcounseling.org/services/workshops or call 503-253-0964.

Mercy Teams



*One parish family recently shared their time, offered their love, and made friends with our homeless guests during **Father's Heart Street Ministry to the Homeless**.*

Street Ministry to the Homeless

Families with young children are encouraged to participate and experience this great service opportunity by sharing their love and the love of Jesus Christ. Help prepare the food, serve the food, offer clothing, friendship and love to our guests.

Next Saturday opportunities: February 22, and March 28.

Oregon Food Bank

This is a terrific service opportunity for families with younger children, age 6 and up.

Thursdays, March 26 and April 30, 6:00 to 8:00 PM.

Visit www.ollparish.com/mercy-teams to sign up for these and another service opportunities.

Respect Life

Rachel's Vineyard/Project Aurora Healing Retreats

If you are suffering after abortion, experience a Rachel's Vineyard healing weekend sponsored by Project Aurora. The weekends are for women, men, and anyone impacted by abortion regardless of faith background. Each retreat starts on Friday at 3:00 pm and ends on Sunday at 5:00 pm. Participation at the retreats is strictly confidential and offers a beautiful opportunity to experience God's love, forgiveness, and compassion.

2020 Retreat Dates:

- Feb 14-16, 2020 (Portland, OR) Portland Retreat Center
www.griffincenterportland.org
- March 27-29, 2020 (Medford, OR) Medford Retreat Center
www.StRitaRetreat.org

Cost: The cost is \$200.00 for meals, room, and all retreat materials. For more information or registration contact Project Aurora at 541-942-2861/projectaurora@aol.com

Upcoming Events in the Archdiocese

1/30 Saint Maria Goretti Home for Pregnant & New Moms will be having an important update meeting Thursday, January 30 at 7:00 PM at St Cecilia's Parish Center, 5105 SW Franklin Avenue, Beaverton. Pizza provided. Learn about how momentum is building around the Archdiocese to help meet an unmet need, vulnerable pregnant moms with no Metro area Catholic Home support. For more info contact Marie Barzen at marie.barzen@gmail.com or text at 971-340-0679.

2/2 Human Trafficking Silent Prayer Vigil: St. Andre Bessette Catholic Church, 601 West Burnside Street, Portland, February 2, from 11:15-11:45 AM. Please join together to pray for victims and an end to human trafficking.

2/9 Monthly Prayers for Life: There will be a prayer service including the Rosary and Chaplet of Divine Mercy for the culture of life at St. Agatha's Catholic Church on February 9, at 12:00 PM. St. Agatha's is located at 7960 SE 15th Avenue, Portland.

Cameras Needed for Saint Andrew Nativity School

Saint Andrew Nativity School is in need of digital cameras for a "Faith and Photography" class that is being taught at Saint Andrew Nativity School OLL parishioners Kathleen Wendland and Susan Welch.

If you have upgraded to a new camera and would like your old camera put to good use, we would love to take it! Contact Kathleen Wendland at kathleen@wendland-photography.com.

Coping with Life Alone

This one-day program is a step in the process of moving forward for those who are recently widowed, divorced, or separated. Lay ministry team members of Beginning Experience of Oregon will present topics that address being alone, loneliness, the grief process, trusting one's self, and next steps.