



Love God, Love Others, Make Disciples of Jesus Christ

OUR LADY OF THE LAKE CATHOLIC CHURCH

The Second Sunday in Lent

Mercy in Our City: Visit the Sick

Each one of us has received “the call” where we heard the words, “*Your father, mother, brother, sister, friend or parishioner was just diagnosed with a serious illness.*” After shock, our next reaction might be to tell the person that we will keep them in our prayer. But is that enough?

Why don't we often act on what we know we need to do... to contact and visit the person we dearly love. If Jesus has called us to “Visit the Sick”, what's holding us back? Here are a few reasons we might not visit the sick and dying.

We neglect it as a priority. All of us are busy, and it's a great excuse to get out of just about anything. So, is busyness our reason for failing to visit those we love who are sick and dying?

We dismiss it as our responsibility. Visiting the sick is the pastor's responsibility; no, it's the deacon's; it's the parish pastoral care minister's responsibility. The real answer is we shouldn't outsource our responsibility upon others since it is the “body of Christ” who is called to care for those who are suffering.

We fail to see the true benefit. Sometimes we question the value of visiting

someone because we do not know if it will be fruitful. Will the person be there? Will they be coherent to talk? We question the value of a visit, so we neglect it; when in actuality, it may be one of the most fruitful ways to serve Christ's church.

We avoid it because of fear. When it comes to visiting someone sick, suffering or hurting, we may fear getting sick ourselves. We may fear facing the reality of sickness and the possibility of death (the person's or our own). We may fear not knowing what to say or do.

In reflecting on this work of mercy, today's Gospel invites us to journey up the mountain and humbly present ourselves in prayer with our heavenly Father. Let's prayerfully examine our hearts and our daily schedule to make sure we are not neglecting Christ's clear command to care for His people in their moments of greatest need.

Our prayer is the fuel that transforms us to go down the mountain to our hectic lives, overcome our fears, so we may serve by “visiting the sick.”

— Deacon Kevin Welch



WEEKDAY SERVICES

Mass at 8:30 AM Monday - Saturday

Mass at 6:30 AM Tuesday, Wednesday, Thursday

Morning Prayer at 6:30 AM Monday, Friday

Recitation of the **Rosary** after Mass on Monday - Saturday

SUNDAY MASSES

Saturday Vigil 5:00 PM,
Sunday Morning 7:30, 9:00, 11:30 AM,
Life Teen Mass 5:00 PM

LOCATED AT

790 A Avenue
Lake Oswego, OR 97034

SACRAMENT OF RECONCILIATION

Saturday 3:30-4:30 PM or by Appointment

ADORATION OF THE EUCHARIST

First Friday of the Month
8:45 AM to 12:00 PM in the Church

SACRAMENT OF ANOINTING OF THE SICK

Call the Parish Office

PARISH STAFF

Clergy:

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focus on FAITH at OLL

Sundays, 10:20 AM to 11:20 AM between
the 9:00 AM and 11:30 AM Masses

For more details, visit
www.ollparish.com/fof

Every Sunday

Explore the Sunday Readings

Join us for video presentations by Dr. Brant Pitre, exploring the 1st century Christian understanding of today's scripture readings and how it applies to us today.

Parish Center, Bethlehem Room

Beginners Nursery

Childcare for children 9 months to 3 years old from 8:45 to 11:30 AM. Children play in a safe, enriching, faith filled environment during the 9:00 AM Mass and Focus on Faith.

Parish Hall, West Alcove

March 8

Mercy in Our City: Visit the Sick

Hear stories of how mercy is shown to our home-

bound brothers and sisters by bringing them the Eucharist.

Parish Hall, Carpet Area

True Love: The Gift of Self

An introduction to Natural Family Planning. See page 6 for more information.

Parish Center, Nazareth Room

March 15

Mercy in Our City: Give Water to the Thirsty

Hear stories of how Fields of Life is showing mercy to those in East Africa without access to clean water.

Parish Center, TBA

First Communion Parent Session

Parish Center, Nazareth Room

This Week

Sunday, March 8, 2020

Second Sunday in Lent

Fellowship After Mass	7:30 AM PH-FRONT
Life Kids Beginners	8:45 AM PH-CC
Life Kids	10:15 AM SCH
EDGE	10:15 AM PC-JSLM
Focus on Faith	10:15 AM PC-BETH
Life Teen	6:15 PM PH-FRONT

Monday, March 9, 2020

Alcoholics Anonymous	6:30 AM PC-PLIB
Centering Prayer	9:30 AM PC-PLIB
No Greater Love	10:00 AM PC-JSLM
Knights of Columbus	6:00 PM PH-CARP
No Greater Love	7:00 PM PC-JSLM

Tuesday, March 10, 2020

Moms & Tots	9:30 AM PC-JSLM
Fatima Rosary	6:00 PM PC-PLIB
ACTS Core Team	7:00 PM PC-BETH

Wednesday, March 11, 2020

Alcoholics Anonymous	6:30 AM PC-PLIB
Charismatic Prayer Group	11:00 AM PC-PLIB
Confession	6:00 PM CH
Centering Prayer	7:00 PM PC-PLIB

RCIA	7:00 PM PC-JSLM
Choir Practice	7:00 PM CH

Thursday, March 12, 2020

EPIC Church History	10:00 AM PC-JSLM
Matthew Bible Study	7:00 PM PC-JSLM
Awakening Faith	7:00 PM PC-PLIB
Alcoholics Anonymous	7:00 PM PC-NAZ

Friday, March 13, 2020

Alcoholics Anonymous	6:30 AM PC-PLIB
Stations of the Cross	6:30 PM CH
Alcoholics Anonymous	8:00 PM PH-CARP

Saturday, March 14, 2020

DOGS Men's Group	7:00 AM PC-NAZ
Confessions	3:30 PM CH
Wine & Cheese Fellowship	6:00 PM PH-FRONT

Sunday, March 15, 2020

Third Sunday in Lent

Fellowship After Mass	7:30 AM PH-FRONT
Life Kids Beginners	8:45 AM PH-CC
Life Kids	10:15 AM SCH
EDGE	10:15 AM PC-JSLM
Focus on Faith	10:15 AM PC-BETH
Baptism Class	12:00 PM PC-NAZ
Life Teen	6:15 PM PH-FRONT

PC=Parish Center Building—Cana, Nazareth, Bethlehem and Jerusalem Rooms; SCH=School—Multipurpose Room, Gym;
PH=Parish Hall—Front, Mid, Carpet, Child Care, Cook CH=Church—Church, Loft, Narthex; OTHER=Off Campus Event

Liturgy, Music, and Prayer

Coronavirus Precautions Initiated

In response to the increased risks associated with the coronavirus Covid -19, the ongoing flu season – which actually affects more people immediately, and the recent memo, “Liturgical Celebrations and Public Health Concerns” from the United States Conference of Catholic Bishops, the Archbishop and Archdiocesan Office of Divine Worship recommend that all parishes temporarily cease the distribution of the Precious Blood from the chalice.

We adopted this practice during Holy Communion at Our Lady of the Lake last weekend. Additionally, we ask that those attending Mass (or other parish events) refrain from shaking hands when greeting, holding hands for the Lord's Prayer, and that we extend the Sign of Peace with a simple bow instead of a handshake or a hug.

We have updated our Distribution procedures for Holy Communion and have notified all Sacristans, Mass Captains, and Extraordinary Ministers of Holy Communion. All liturgical ministers should take precautions when performing their duties. And all parishioners should make use of the hand sanitizers now present in multiple places in the church.

Closures and Cancellations Policy

This is a developing situation and conditions will continue to change. We will post on our parish website whenever there are additional closures or cancellations of programs or activities. Please see the parish policy on Inclement Weather and Event Closures for guidance at www.ollparish.com/closure-policy

Recommendations from our Parish Health Ministry:

- Cover mouth and nose with disposable tissue when sneezing or coughing.
- Wash hands with soap and water frequently. (Ethanol products may not be sufficient.)
- Avoid touching mouth and eyes.
- Seek medical attention for significant symptoms including fever (oral temp higher than 100.4 F), persistent cough, chest pain or shortness of breath out of proportion to activity.
- Stay home from work, school or social activities when sick.
- Wear a face mask with eye shield when caring for an infected patient.

Finally, let's continue to pray for all who are being affected by this outbreak and especially the medical personnel responding and researching.

Wine & Cheese Fellowship Saturday, March 14 at 6:00 PM

If you attend the Saturday Evening Mass at 5:00 PM at Our Lady of the Lake, please join your fellow parishioners for a friendly gathering right after Mass in the Parish Hall. We will enjoy some wine, cheese and other light fare. Feel free to bring a snack to share!



Don't forget to notify the office of any changes such as address, phone number or email, as well as family additions. Contact Georgeann at 503-636-7687 or office@ollparish.com.

Bulletin entries must be submitted two Fridays prior to publication date.

Send submissions via email to karab@ollparish.com. Entries may be edited for purposes of clarity and space. For information contact Kara.

Offertory

We thank all those who contribute to the support of Our Lady of the Lake Church. Our fiscal year runs July 1 through June 30.

THIS YEAR: Week ending 3/1/2020

Weekly Collection: \$23,155

Fiscal Year to Date: \$1,018,057

LAST YEAR:

Weekly Collection: \$33,264

Fiscal Year to Date: \$1,033,230

BUDGET:

Fiscal Year to Date: \$1,049,261

SPECIAL COLLECTION:

Central & Eastern Europe: \$5,179

Stay up to date with events at OLL

Read the Bulletin! Sign up for Weekly

Parish emails by calling the office!

Visit the Website at ollparish.com!

Check us out on Social Media!

Facebook @OLLCatholicChurch &

Instagram @OLLCatholicChurch

Mass Intentions

Sunday, March 8, 2020

7:30 AM For the Parishioners

9:00 AM +Stanley & Lorraine Kowalski

11:30 AM Mass

5:00 PM +Randolph Lindell Sperling

Monday, March 9, 2020

6:30 AM Prayer Service

8:30 AM +Andy Lublin

Tuesday, March 10, 2020

6:30 AM Mass

8:30 AM +Vance Taylor

Wednesday, March 11, 2020

6:30 AM Mass

8:30 AM Mass

Thursday, March 12, 2020

6:30 AM Mass

8:30 AM +Neville Perera

Friday, March 13, 2020

6:30 AM Prayer Service

8:30 AM +Catherine Owen

Saturday, March 14, 2020

8:30 AM +Terry Amato

5:00 PM Mass

Sunday, March 15, 2020

7:30 AM For the Parishioners

9:00 AM +Al Sturr

11:30 AM +Ted Decker

5:00 PM +Frank Sherman

To view upcoming Intentions or to request an Intention online, visit www.ollparish.com/intentions

Life Kids Beginners

Every Sunday • 8:45–11:30 AM
Nursery for 9 Months – 3 Years Old
Parish Hall Transept

Life Kids

Seeking volunteers to help with teacher activities,
especially in preschool and kindergarten.

Sundays 10:20 to 11:15 AM

Preschool—5th Grade

Where children are inspired with prayer, song,
and faith-filled learning

www.ollparish.com/life-kids

For more information about Children's
Ministry, contact Mary at maryb@ollparish.com
or call the parish office.



EDGE MIDDLE SCHOOL

EDGE meets on Sundays from 10:15 AM to 11:15 AM in the Jerusalem Room. Contact youthministry@ollparish.com for the current schedule.

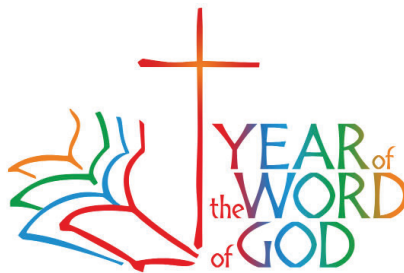
CONFIRMATION & LIFE TEEN

Confirmation and Life Teen meet on Sundays after the 5:00 PM Life Teen Mass. Contact the Interim Youth Coordinator, Paul Verheggen, at youthministry@ollparish.com with questions or for more information about Youth Ministry programs at OLL.

YEAR OF THE WORD OF GOD

This year we are encouraging you to read the Bible. Reading Plans available in the Narthex, at the Welcome Desk in the Parish Office, or at the Parish Office. If you have any questions, feel free to stop by the Parish Office or Welcome Desk and we'd be happy to help as well as offer encouragement!

Remember, don't worry about getting behind or starting at a later date. You can go at your own pace or begin where we are. Follow along with our journey of **Reading through the Bible** this year on social media, the weekly emails, and online at ollparish.com/read-the-bible.



This Week's Readings

Sunday, March 8 • Day 43: Exodus 18-19 (Moses father-in-law tells him to appoint judges; the Israelites are given commands at Mount Sinai), **Psalm 42-43**, and **Matthew 23:23-39** (Jesus condemns the Pharisees and teachers of law). Visit us on Social Media to share what you are learning!

Bible Reading Encouragement

Last week, our Old Testament readings included the Plagues in Egypt. What was your initial reaction to the 10th Plague, the Death of the Firstborn? Visit us on Instagram or Facebook to share your thoughts or ask your questions about these stories!

Vicariate Reconciliation Services

Resurrection in Tualatin
Wednesday, March 11 at 7:00 PM

St. Anthony in Tigard
Tuesday, March 31 at 7:00 PM

Our Lady of the Lake in Lake Oswego
Wednesday, April 1 at 7:00 PM

St. Clare in Portland
Friday, April 3 at 7:00 PM

Confession

Every Saturday • 3:30 to 4:30 PM

Wednesdays in Lent: • March 11 & 25 • 6:00 to 8:00 PM

Lenten Fridays

Stations of the Cross • Soup Supper • Speaker

Friday, March 13

Stations: 6:30 PM led by RCIA Team

Soup Supper: 7:00 PM

Speaker: Frank Betzer of Fields of Life
Mercy in Our City Topic: Give Drink to the Thirsty

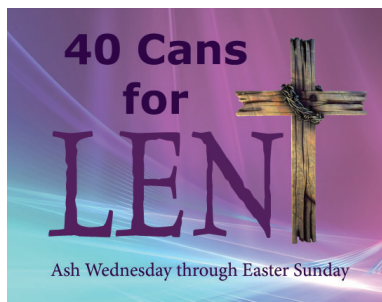
This year's **speaker topics** are based on the theme *Mercy in Our City*, focusing on how the Corporal Works of Mercy are being lived out in our own community.



Come for all or just a little!

Lenten Food Drive

"Hunger is expensive for all of us. The 2016 Hunger Report from Bread for the World estimated that hunger and food insecurity contribute \$160 billion to America's health bill. We pay through lowered academic and economic productivity, more hunger-related illnesses, and greater reliance on human services and emergency food programs." www.oregonhunger.org/hunger-in-oregon/



Please give generously to the Knights 40 Cans for Lent food drive. Your support is needed and very much appreciated. With your help we can make a difference in the lives of families and individuals experiencing hunger in our community.

Most needed items are **canned chili, canned vegetables, hearty soups, canned fruit, canned tuna, canned chicken, peanut butter & jelly (in plastic containers).**

Easter Environment Offerings



Next weekend the Art and Environment Ministry will offer you the opportunity to remember your loved ones during the Easter season. If you wish to participate, an offering may be made in any dollar amount. Your gifts will be used to enhance the environment of the Church from Easter Sunday to Pentecost.

Your offerings may be made "in memory of" or "in thanksgiving for." Baskets containing envelopes will be in the Narthex, upstairs in the church near the elevator entrance, and in the Parish Hall. We thank you for participating in the enhancement of the Church this Easter. The cutoff date is Sunday, April 5.

Holy Week: Palm Sunday, April 5-Easter Sunday, April 12

Holy Thursday: April 9, 7:00 PM Mass of the Lord's Supper

Good Friday: April 10, 7:00 PM Passion of the Lord Service

Holy Saturday: April 11, 8:30 PM Easter Vigil Mass

Easter Sunday: April 12, 7:00, 9:00, 11:00 AM & 1:00 PM Mass

Socks for Souls — Lenten Drive



The Parish Health Ministry, in collaboration with Mercy Teams, is reaching out to you this Lent. We are asking not for alms, but for socks. Why socks? Socks are the #1 most requested and needed items in homeless shelters.

We would like to fulfill that need this Lent for the homeless in our community. Without socks the homeless are at a higher risk for disease and exposure to the cold.

Socks Boxes are located in the **Church Narthex, Parish Hall entrance, and Parish Center School lobby.** Please bring new socks only. White crew socks are preferred for men, women and children. This Lent, we invite you to consider offering socks for alms. Help us warm the souls of those in need.



Refugee Resettlement Requests Donations

The Refugee Ministry is looking for the following items to be donated for Refugee families in need: **kitchen knives, pots and pans (new or lightly used), coffee tables, end tables, and rugs (must be clean)**. These donated items would be most helpful and appreciated. Contact Rod at rodneysacsonaghi@gmail.com, with any questions.

Please Note: Presently we do not need bedding/sheets, but if donated, **they must be new** (sheets) and in **excellent clean condition** (Blankets/comforters).

True Love: The Gift of Self: An Introduction to Natural Family Planning and the Creighton Model System

Our Lady of the Lake is excited to introduce our community to the practice of the Creighton Model Fertility Care System (CrMS), a form of Natural Family Planning which celebrates and respects the dignity of human life and the sacredness of marriage.

The next presentation is today, Sunday, March 8 (see FOF schedule).

Presented by parishioners Dr. Grace Jazrawi and Megan Kreft (PA-C), specialists in the practice of CrMS and NaProTECHNOLOGY. Creighton Model System is a natural model where a woman or couple learns to track signs of her fertility, therefore being able to achieve or avoid pregnancy. CrMS is used in NaProTECHNOLOGY, a premiere women's health science, to diagnosis and treat various underlying women's health issues such as infertility, irregular cycles, recurrent miscarriage, ovarian cysts, PMS, and endometriosis.

ONLINE GIVING IN 3 EASY STEPS

If you are already using online giving skip step 1 and 2. (if you forgot your user ID or password click the forgot button and a new password will be emailed to you)

STEP 1 - REGISTER

- From OLL website www.ollparish.com
- Click "Giving" in top right navigation bar
- Click on "Give Now:
- Click on **CREATE A NEW ACCOUNT**.
- Fill in the information boxes that contain a red asterisk. Make sure to write down your User ID and Password (put in a secure and safe place.)
- **Submit. You will receive an email to confirm your information.**



STEP 2 – SET UP PAYMENT METHOD

- Now log into your account, click on **MY PAYMENT METHOD**.
- You will need to **ADD NEW BANK ACCOUNT** (if using your checking account) **OR ADD NEW CREDIT CARD** (if using your credit card).
- Provide all the information requested. Then click **SUBMIT**.

STEP 3 – SET UP DONATION

- OPTIONS:** You can choose multiple funds (RE, Building Maintenance, SVdP)
- Now return to **MANAGE MY ACCOUNT** and choose **GIVE A NEW GIFT**.
 - Choose **OFFERTORY** (fund), then select gift type **RECURRING**.
 - Select payment and frequency and start date.
 - Select the account (check or credit card), then enter amount and frequency.
 - Click **NEXT** (at the bottom of the page)
 - In the **CONFIRM MY GIFTS** window, review the details to insure all is correct. Click **SUBMIT**.

Health Ministry

Blood Pressure Screening: Today, Sunday, March 8. Blood pressures will be taken in the Bride's Room after the 7:30 and 9:00 AM Masses only.

March Health Notes: March is National Multiple Sclerosis (MS) Education and Awareness Month. MS is a chronic illness involving your central nervous system. The immune system attacks myelin, which is the protective layer around nerve fibers causing inflammation and scar tissue, or lesions, which may make it hard for your brain to send signals to the rest of your body.

Symptoms vary widely from person to person. About 80% have fatigue, which may become debilitating. It may be difficult to walk. Other fairly common symptoms include chronic pain, tremor and cognitive issues involving concentration, memory and problem solving skills, numbness of extremities and vision problems. See your doctor for a complete examination. MS is treated with a variety of drug therapy, diet, and exercise.

Knights of Columbus Breakfast

Sunday, March 22 • 7:30 to 11:00 AM



**Scrambled Eggs * Bacon & Sausage *
French Toast & Pancakes**

*Strawberry or Blueberry toppings,
Whipped cream, Orange Juice & Coffee*



**Family \$28.00 • Adults \$9.00 • Kids 7 to 12 \$5.00 & Under 7 Free
Proceeds Go to Charity**

Mercy Teams



Family Lenten Service Opportunities March & April

St. Francis Dining Hall

- Serve Evening Meal: Thursday, March 19, 4:00 to 6:30 PM . Serving supper, waiting tables, and engaging with our friends at the dining hall. Youth welcome to join!
- OLL Family Day, Saturday, March 21, 10:00 AM to 1:00 PM. Kids can help assemble 250 sack lunches & 200 hygiene kits with a new pair of socks. Families can take lunch and hygiene kits and distribute on the street around St. Francis that afternoon. Adults can assist with kitchen clean-up and general dining hall clean-up.

Oregon Food Bank: Thursday, March 26, 6:00 to 8:00 PM. A great family Service Opportunity for kids over age 6.

Street Ministry to the Homeless – Saturday, March 28. A popular outreach with parish young families. Share your love with those struggling with chronic homelessness. Help prepare breakfast, sack lunches, and sort clothing for donation. Join us on the street to minister to the homeless.



Service Opportunities just after Lent include:

- **Oregon Food Bank:** Thursday, April 30, 6:00 to 8:00 PM.
- **Street Ministry to the Homeless:** Saturday, April 25, 7:00 AM to 12:00 PM



Respect Life

Abby Johnson, Former Planned Parenthood Clinic Director:

You might wonder if your presence outside of an abortion clinic makes a difference. Well, let me tell you what Planned Parenthood announced at the last national conference I attended. They said this, “Our no-show rate goes up to 75% when people are outside our clinics praying.”

You see, when you come to pray, you are saving lives even if you don’t know it. Women see you and instead of pulling into the parking lot, they drive right by. When you are on the sidewalk, women see you as an outward sign of their inward conscience. www.abbyjohnson.org/abbyjohnson/tag/40+Days+for+Life



Upcoming Events in the Archdiocese

2/26-4/5 40 Days for Life Campaign: Join others for 40 Days for Life – 40 days of prayer and fasting for an end to abortion. You’re also invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside Lovejoy Surgicenter, 933 NW 25th Avenue in Portland. If you’d like more information – and especially if you’d like to volunteer to help, go to 40daysforlife/Portland or to go with other OLL parishioners, call Sally at 503-793-8307.

3/8 Monthly Prayers for Life: There will be a prayer service including the Rosary and Chaplet of Divine Mercy for the culture of life at St. Agatha’s Catholic Church, Portland, March 8, at 12:00 PM. St. Agatha’s is located at 7960 SE 15th Avenue, Portland.

3/12 L’Arche Portland Potluck Dinner: Join the community celebration at Holy Trinity Catholic Church in Beaverton in the Fireside Room from 6:00-8:00 PM. Open your hearts to friends with and without intellectual disabilities, discover a community of inclusion, and engage in activities and discussions that feed our spirits. For more information, go to www.larche-portland.org/westside

3/25 Walking With Moms in Need: A Year of Service kickoff

“[The Gospel of Life] is therefore meant to be a precise and vigorous reaffirmation of the value of human life and its inviolability, and at the same time a pressing appeal addressed to each and every person, in the name of God: respect, protect, love and serve life, every human life! Only in this direction will you find justice, development, true freedom, peace and happiness!” (The Gospel of Life 5)