## **CATHOLIC PRAYER SUPPORT DURING COVID-19** *PILLAR 1: ENCOUNTER CHRIST IN PRAYER*

**Our Lady of the Lake Mass Intentions**. Fr. John says Mass daily that is not recorded. On this link you may view the Mass Intention Calendar and request a Mass Intention.

Our Lady of the Lake's Prayer Line Give your prayer intention to our prayer warriors.

Our Lady of the Lake's Book of Intentions The Book is placed at the altar during Sunday Mass.

Everyday Prayers PDF A list of Catholic Prayers from OLL's website.

**Divine Office Audio Podcast** Pray with the church. This beautiful audio podcast is complete with song, chants and all of the daily prayers as if you were in the monastery praying with the monks. It offers the Office of readings, Morning Prayer, Midmorning Prayer, Midday prayer, Midafternoon Prayer, Evening Prayer and Night Prayer. (You may need to download free version of the PodBean pod cast app then search for Divine Office and choose the one with 5842 follower or try the link above.)

**Traditional Catholic Prayers** from a Jesuit online resource. Prayers for those who practice the faith of the Roman Catholic Church.

**Online Perpetual Adoration** Churches around the world using web cameras to broadcast live adoration of the Blessed Sacrament with open free access to all.

**Stations of the Cross** Two beautiful video options: the first by St. Alphonsus Liguori, the second by St. Francis of Assisi as they accompany Jesus through his passion and death. Available for free.

## Pray with Catholic Apps

Hallow (Free Trial!) Encounter Christ through guided prayer. All of your Catholic favorites and more.

Laudate Daily readings, prayers, rosary and much more.

**Examen Prayer App** Experience God through Ignatian Spirituality and praying the Examen prayer by St. Ignatius with Fr. Michael Denk "The Prodigal Father."

**iBreviary** Divine Office Prayers participate in the public daily prayers of the Church. These are the prayers said by the priests and religious at various times of the day. (You can say them anytime though.)

## PILLAR 2: GROW WITH CHRIST

As a person grows in their encounter with Christ it is only natural that the desire to know him also grows. Explore our Adult Resource tab <u>here</u>, for ideas that will work with your schedule and life style.

## PILLAR 3: WALK WITH CHRIST

As Christ's 12 apostles walked with him for three years, he took time and care to teach them opening their minds and hearts to the Father's way of life. He explained the parables to them. The apostles were also sent out, to heal, serve and bring the good news. If you are in a place where your walk with Christ is calling you deeper, then I encourage you to explore pillars 2 and 3 on our Adult Resource tab <u>here</u>.



Love God. Love Others. Make Disciples of Jesus Christ.