

#### Knights of Columbus Food Drive

for St. Vincent de Paul

## 40 Cans for LENT

"A little bit of mercy makes the world less cold and more just."

Pope Francis

Thank you for your support for our Lenten Food Drive!



Our mission at St. Vincent de Paul is primarily to *Prevent Homelessness*, by assisting people with food, rent and utility assistance. Whether you donate food or contribute financially to St. Vincent de Paul, or both, be assured that you are making a difference. With high rent costs and a lack of shelters, people can suddenly find themselves homeless; living in a car, storage unit, a tent, or on the streets. When we can help stop an eviction or utility shut off, and can keep them in their apartment especially during a temporary financial hardship, it is the best case scenario. A financial shortfall in a family of \$200-400 can result in an eviction. A cascade of problems ensues. *Keeping people in their homes and assisting them during these times is a unique mission of ours*.

WE NEED VOLUNTEERS! We are actively recruiting help. The average member spends about 2-3 hours per month. We mostly interact with clients by phone, and we have one meeting a month on the first Tuesday of each month from 4:00-5:00 pm. We help with food drives and our biggest event of the year is the Christmas boxes we assemble and deliver. We are especially in need of help with new volunteers in leadership positions.

Contact Lynn Strand at OLLSVdP@ollministry.com



### Hunger doesn't take a holiday.

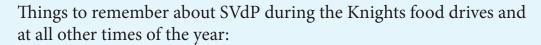
While your donations to 40 Cans for Lent will go a long way toward helping those in need in our community, please note that St.Vincent de Paul feeds the hungry all year round. The items listed for the food drive are always needed. Donation barrels are located at both church entrances and in the parish center.



# One in five children in Oregon goes to bed hungry.

A frequent cause of hunger in Oregon is the rising cost of rent and utilities. When living expenses become increasingly difficult to cover on a monthly basis, food is seen as the only dispensable item in the overstretched budget. Parents skip meals to feed their children, and struggle to provide adequate, nutritious food on a regular basis. Through your generous support to our parish food drives, St. Vincent de Paul is able to help fill the gap and provide food for many in our area. When you donate to St. Vincent de Paul via the Offertory envelopes or by any other means, your money goes to offer assistance with food, rent, utility bills, emergency medical needs and many other urgent living expenses.

For more information, please visit the St.Vincent de Paul page on the parish website: https://www.ollparish.com/ministries/serve/love-others/#SVDP





- We will gladly accept any food item you wish to donate as long as it is not past its expiration date. Clean out your pantry and drop off items you purchased but no longer wish to use.
- Every single item you donate will be used! We save some donations to restock our OLL SVdP food pantry and share with other parishes, some with shopping style pantries on-site.
- Our primary mission is to help PREVENT HOMELESSNESS, by supporting people with basic needs when they are in crisis and helping them stay in their homes.

#### Thank you for your support!