



Love God. Love Others. Make Disciples of Jesus Christ.

OUR LADY OF THE LAKE CATHOLIC CHURCH

Fourteenth Sunday in Ordinary Time

Seeing with New Eyes

During the month of June we celebrated 11 separate Masses so that our second-grade children from OLL school and parish could finally receive their first Holy Communion. Due to our restricted attendance requirements, these Masses took place with just parents and a few family members gathered for each child. Normally, these celebrations take place on one weekend of Masses in May when other parishioners are present and can share this special joy.

In spite of the unusual circumstances, I experienced these liturgies as intimate opportunities to witness these young children approach the Eucharist for the first time with their innocent eyes of faith. As Fr. John encouraged them, we hope this was just the first of many opportunities to receive the Body of Christ and be nourished as they learn and strive to be disciples. And, they still looked awfully darn cute in their white dresses, veils, snappy suits and ties! *(I want to add a special thanks to Mary Brunette, our Coordinator of Child and Family Ministry, for coordinating all the many logistics of these extra Masses. It all went so smoothly.)*

In this week's Gospel passage, Jesus encourages his disciples to approach the Father and to come to him with the

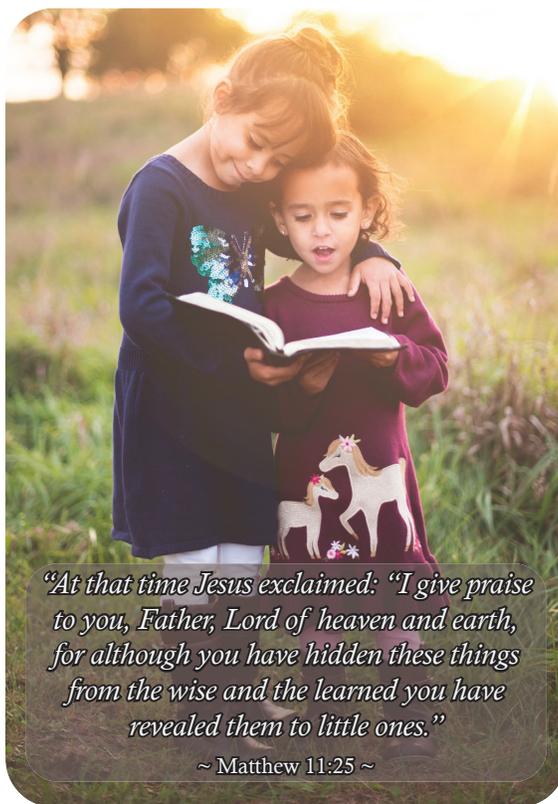
unencumbered eyes of these "little ones." In our labors, burdens, and complex lives, we can find rest in a humble surrender to God's will for our lives. In truth, when we "let go and let God" we discover that the Lord shares the yoke and is doing most of the heavy lifting! I know I have been a "stubborn ox" too many times in my life, only to finally realize Jesus was trying to pull me through!

How can we take a spiritual step back during these still restricted days to pay greater attention to the movement of God in our lives, and to see with new eyes? One method I have found is to take a daily extended walk in my neighborhood. I highly recommend its spiritual and therapeutic benefits. It's been a step in the right direction for me as I seek balance and perspective on life and ministry.

This past month, our parish also welcomed our Elect and Candidates for Full Communion into the Catholic church at four special liturgies. We offer our congratulations to them, and also our grati-

tude for taking this leap of faith to walk as disciples with us. *(Thank you to Laura Patton and her RCIA team for their support of these newest members of our parish community!)*

— Tom Tomaszek, Pastoral Associate



WEEKDAY SERVICES AT OLL

Daily Homily by Fr. John Kerns available at www.ollparish.com or on Facebook

Prayer - Church open Monday-Friday from 9:30 AM to 4:30 PM for individual silent prayer. Please be mindful of social distancing.

SUNDAY MASSES

Livestream Saturday Vigil at 5:00 PM available at www.ollparish.com. Sign up to attend Mass online.

LOCATED AT

790 A Avenue
Lake Oswego, OR 97034

SACRAMENTS AT OLL

SACRAMENT OF RECONCILIATION

By Appointment only. Email Fr. John Kerns at frjohn@ollparish.com.

SACRAMENT OF ANOINTING OF THE SICK

By Appointment only. Call the Parish Office at 503-636-7687.

PARISH STAFF

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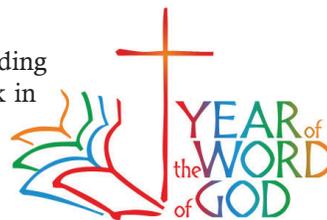
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Kim Heinrich, Admin. Assistant
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YEAR OF THE WORD OF GOD

This year we are encouraging you to read the Bible. Reading Plans available in the Narthex and at the Welcome Desk in the Parish Hall. If you have questions, feel free and we'd be happy to help as well as offer encouragement!



Remember, don't worry about getting behind or starting at a later date. You can go at your own pace or begin where we are. Follow along with our journey of **Reading through the Bible** this year on social media, the weekly emails, and online at ollparish.com/read-the-bible.

This Week's Readings

Sunday, July 5 • Day 162: 1 Kings 19-20 (Elijah flees to Horeb; The Call of Elisha; Ahab Condemned), **Proverbs 3:1-18**, and **1 Corinthians 10** (Warning against overconfidence and idolatry; Seek the good of others). Visit us on Social Media to share what you are learning!

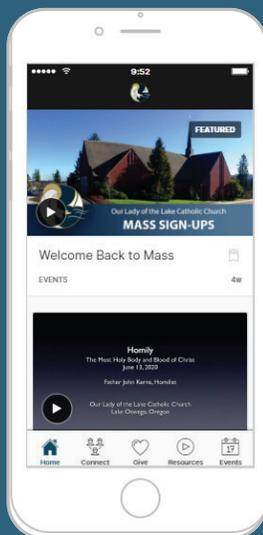
Bible Reading Encouragement

This last week, we finished reading the Psalms! In 158 days we read all 150 Psalms! There are many types of Psalms, including lament, wisdom, praise, thanksgiving, and royal. One type of Psalm is the Psalm of Ascent. The Psalms of Ascent were used during Holy Days and Festivals. The Israelites would sing them as they went up (or *ascended*) to Jerusalem and the Temple. Lament Psalms are used in times of sorrow. Psalm 22 is probably the most common Psalm of Lament as it was the one spoken by Jesus on the cross, "*My God, my God, why have you forsaken me?*"

What Psalm spoke to you? Have you found a favorite Psalm during the 158 days we read through them? Visit us on Instagram or Facebook to share your thoughts, ask your questions, and tell us your favorite Psalm!

WorldWide MARRIAGE ENCOUNTER, in Salem

Let the Lord feed and support your marriage by going on a Worldwide Marriage Encounter weekend on October 9-11, Salem, Oregon. To apply for YOUR WWME Weekend or search other dates go to rediscoverthepark.org. For information about WWME call 503-853-2758 or by email at reservations@rediscoverthepark.org.



Church APP

Have you downloaded OLL's App?

Text 'OLLAPP' to 77977
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Quick & Easy Access to:

Videos & Homily Podcast • Calendar & Events • Online Giving • Mercy Teams Sign Ups • Prayer Resources • and so much more!

Liturgy, Music, & Prayer

Jesus, Meek and Humble

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light." — Matthew 11:28-30

In this Sunday's Gospel, Jesus invites his disciples to seek him with humble hearts, as is His own heart, and allow him to share our burdens. The Sacred Heart of Jesus is a powerful image of the Lord's mercy, love and abiding presence. Here is a beautiful song we will sing at Mass this weekend.

Jesus, Meek and Humble

Ben Walther and Sarah Hart

1. Jesus, meek and humble,
heaven's gift to earth,
Word from Word among us,
spoken from the first.
Song of our salvation,
rising from the fall.
Jesus, meek and humble,
heaven's hope for all.

2. Jesus, meek and humble,
teaching by the shore,
casting nets to gather
broken, lame, and poor.
Living bread you offer,
hungry we receive.
Jesus, meek and humble,
teach us to believe.

3. Jesus, meek and humble,
mercy born of pain
on the Cross we fashioned
from our sin and shame,
God himself providing
Lamb and sacrifice.
Jesus, meek and humble,
in this death is life.

4. Jesus, meek and humble,
by the break of day
heaven now awaking,
love has made a way.
Light from Light embracing
all that once was dark.
Jesus, meek and humble,
lead us to your heart.

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SEEL Portland is excited to offer 2 Retreats — Register Now!

The Spiritual Exercises in Everyday Life - long retreat offered online 2020-2021

Do you desire to deepen your prayer life and grow in your relationship with God?

Do you desire to better discern your deepest desires so as to understand God's call and presence in your lives?

Do you desire to be reflective, seek God in all things, and draw nearer to Jesus becoming a Contemplative in Action?

Consider making the retreat called The Spiritual Exercises in Everyday Life (SEEL).

Applications are now being accepted for 2020-2021.

Please visit our website: seelportland.org/ and seelportland.org/how-to-apply/ for more information or call Janet Buck at 503-951-8682

Please notify the office of any family changes such as address, phone number or email, as well as family additions.

Contact Georgeann at 503-636-7687 or office@ollparish.com.

Offertory

We thank all those who contribute to the support of Our Lady of the Lake Church. Our fiscal year runs July 1 through June 30.

THIS YEAR: Week ending 6/21/2020

Weekly Collection: \$17,393

Fiscal Year to Date: \$1,496,071

LAST YEAR:

Weekly Collection: \$32,067

Fiscal Year to Date: \$1,485,790

BUDGET:

Fiscal Year to Date: \$1,500,108

PARISH OFFICE AND CENTER CLOSED DURING COVID-19

Parish phones available
Monday-Friday from 9:00 AM to
4:00 PM at 503-636-7687.

Visit our website for current
information on parish events,
closures, and Mass Sign Ups, at
www.ollparish.com.

Mass Intentions

Sunday, July 5, 2020

9:00 AM For the Parishioners

11:30 AM +Pius chow

Monday, July 6, 2020

8:30 AM +Sally Baltz

Tuesday, July 7, 2020

8:30 AM +Sandy Nosler

Wednesday, July 8, 2020

8:30 AM +Adam Shampine

Thursday, July 9, 2020

8:30 AM +Devin Donnelly

Friday, July 10, 2020

8:30 AM +Dick Watson

Saturday, July 11, 2020

8:30 AM +Williams Gibling

5:00 PM +Georgie Heup

Sunday, July 12, 2020

9:00 AM For the Parishioners

11:30 AM Mass

To view upcoming Intentions and
request an Intention online, visit
www.ollparish.com/intentions.

Mercy Teams

Sack Lunch Meals of Mercy – Continues through July

The need throughout the Portland Metro has increased, both with food insecure families and the unsheltered. Mercy Teams will continue our Sack Lunch Meals of Mercy Outreach through the month of July.

To date parishioners have donated and delivered 20,000 sack lunch meals of mercy, and another 135 family meals, each serving 5 to 6 individuals. All of this since the end of March.

To continue, we need 40 volunteers to make sandwiches, organize and deliver these meals to the various missions we serve Sunday & Monday. Volunteer with email by going to www.ollparish.com/mercy-teams.



Shopping for the Homebound

We have matched 8 homebound parishioners with shopping assistance so far. We have the capacity to do more. If you are aware of a need, please submit that persons contact info.

Street Ministry to the Unsheltered

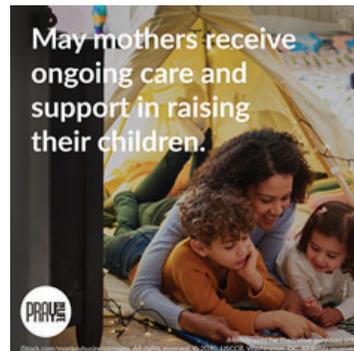
Always on the 4th Saturday, we prepare a terrific breakfast safely in the parish hall. We meet at 8:00 AM, leave for our first destination under the bridge in Oregon City by 9:00 AM and are home by 11:30 AM. 6 Volunteers needed for July 25 or August 22.



Respect Life

What Is Walking With Moms In Need?

Walking with Moms in Need is a year of service where Catholic parishes and communities “walk in the shoes” of local pregnant and parenting women in need.



Everyone should know how to help moms in difficult circumstances.

Week 16: Did You Know?? One of the strongest ways the Catholic Church supports mothers is through providing #healthcare! In a running survey on the Church’s resources for pregnancies, over 150,000 low-income women are found to have delivered their babies at Catholic hospitals every year! Let us continue to pray for these moms during this year of Walking with Moms in Need.

Please pick up a copy of “Listen to Your Heart” in the Narthex which has resources to help pregnant women.



COVID-19 Urgent Response Campaign

Thank you for your continued support for SVDP during the Covid-19 Crisis!

St. Vincent de Paul has received 3,000 pounds of food during the COVID-19 crisis, thanks to your generous donations. The need is still great in our area, and if we see a surge of new cases, we will be in even greater need of food to help the vulnerable.

At this time we would appreciate donations of **Tuna, Chili, Canned Green Beans, Peanut Butter (in plastic containers) and Jelly (in plastic containers)**. The food you bring in goes right back into the community and we are so grateful for your support.

Thank you!



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