

Four Ways to Live Advent

I rejoice heartily in the Lord, in my God is the joy of my soul.

~ Isaiah 61:10 ~

On this Third Sunday of Advent, we *rejoice* (*Gaudete* in Latin) that God's coming to us as Savior is near. We have reached the halfway point in this season of "waiting." Our scriptures at Mass proclaim joy in our preparation to "*make straight the way of the Lord.*" So, we might ask ourselves: *How is our Advent going?* Here are four ways we can live Advent more fully this year.

Make Space

Even in this most difficult year of quarantine regulations and pandemic restrictions from gathering, we can find our lives "cluttered" with too many unnecessary worries, tasks, and expectations for how life "should be." Life on Zoom and social media can fill up our heart's attentiveness to the needs of our soul. Like a closet in need of cleaning, our souls need space to contemplate and make room for our primary relationship with God.

Advent is a time to ask: What distractions or diversions do I need to let go from my life in order to make wide, sweet spaces for the Lord to be present? What daily practices can I adopt that will open my eyes and ears to God's presence and voice? One good way to create that space is to take an intentional break from social media or television and take up a period of silence or take a meditational walk outdoors if possible.

Make Time

St. Paul writes to the community at Thessalonica: *Rejoice always. Pray without ceasing. In all circumstances give thanks. (1 Thes 5:16)* Developing a deeper prayer life takes intentional efforts to set aside moments, minutes, or more regular times



of devotion or spiritual focus. To *make* time you must *take* time – it's that simple, and also that difficult. All of us experience various and too many demands on our time each day whether from work, school, or family responsibilities. Those obligations will not go away. A prayerful relationship with the Lord depends on making time for it as priority.

Advent provides an opportunity to reset our daily schedule and ask: *what time will I devote each day, each week to prayer? How can I take simple moments within my day to give thanks? What time can I redirect to prayerful practice*? Bishop Robert Barron's daily Gospel meditations are an excellent way to be reminded in your email inbox to stop and pray. Praying intentionally as a family especially before or after meals during Advent can open the door to those regular moments in all seasons. We now livestream every daily and weekend Mass and you can view those broadcasts – at any time of the day or week.

Continued on page 3.

WEEKDAY SERVICES

Sign up online at www.ollparish.com to attend Mass in person.

Mass at 8:30 AM Monday - Saturday

Mass at 6:00 PM Tuesday - Thursday

Prayer Church open Monday - Friday, 9:30 AM to 4:30 PM for individual silent prayer. SUNDAY MASSES Saturday Vigil 5:00 PM,

Sunday Morning 9:00 & 11:30 AM Sign up to attend.

> LOCATED AT 790 A Avenue Lake Oswego, OR 97034

SACRAMENT OF RECONCILIATION Saturday 9:30-10:30 AM or by Appointment

ADORATION OF THE EUCHARIST First Friday of the Month 9:30 AM to 8:00 PM in the Church

SACRAMENT OF ANOINTING OF THE SICK Call the Parish Office for an appointment.

PARISH OFFICE: 503-636-7687 • Fax: 503-636-9415 • office@ollparish.com • www.ollparish.com OUR LADY OF THE LAKE SCHOOL: 503-636-2121 • office@ollschool-lakeoswego.org • www.oll.school

PARISH STAFF

Clergy:

Fr. John W. Kerns, Pastor frjohn@ollparish.com

Fr. Suresh Amalraj, Parochial Vicar frsuresh@ollparish.com

Deacon Kevin Welch deaconkevin@ollparish.com

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mlocke@ollschool-lakeoswego.org Kim Heinrich, Admin. Assistant kheinrich@ollschool-lakeoswego.org **Advent and Christmas Masses and Events**

Do not be afraid... a Savior has been born for you.

Luke 2:10-11

Confession Times

Every Saturday • 9:30-10:30 AM

Wednesday, December 16 and Thursday, December 17 from 7:00-8:00 PM

Masses

Sundays of Advent • December 6, 13, 20 Saturdays 5:00 PM — Church Sundays 9:00 AM • 11:30 AM Church & Parish Hall

Christmas Eve • Thursday, December 24 3:00 PM • 5:30 PM • 8:00 PM Church, Parish Hall, & Other Satellite Locations

Christmas Day • Friday, December 25 10:00 AM — Church, Parish Hall, & Other Satellite Locations



The Holy Family • Sunday, December 27 Saturday Vigil 5:00 PM — Church Sunday 9:00 AM • 11:30 AM Church & Parish Hall

Solemnity of Mary, Mother of God Thursday, December 31 at 6:00 PM Friday, January 1 at 9:00 AM

Join us this Christmas season in the church and other available satellite locations for all of these Masses, including livestreamed online at <u>www.ollparish.com/live</u>.

Sign up for Mass at <u>www.ollparish.com/mass</u> or call the Parish Office for assistance.

Christmas Environment Offering

We invite you to make an offering in honor of your loved ones during this Christmas season to benefit the environment of the Church. If you wish to participate, a gift may be made in any dollar amount

- **electronically** through online giving or the Parish App
- **by check**, mail to parish office or place in the offertory drop slot in the Narthex

When you make your donation, you are

invited to make it "in memory of" or "in thanksgiving for" and include this in the online giving "memo" or writing it on the Christmas offertory envelope which can be found in the Church Narthex or Parish Hall. Please write clearly your intentions on the envelope. These names will be displayed in the Epiphany Sunday bulletin on January 3.

Your remembrance gifts at Christmas make it possible for us to enhance the beauty of the Church at this most sacred time of year when we celebrate Christ's feast. The cut-off date is Sunday, December 20. Thank you for supporting the adornment of the Church.



Four Ways to Live Advent continued

Make Amends

We hear Isaiah prophecy and Jesus later proclaim his mission: *He has sent me to bring glad tidings to the poor, to heal the brokenhearted, to proclaim liberty to the captives and release to the prisoners.* (IS 61:2) Our lives get filled with disappointments and the difficulties of relationships. We hold on to grudges and resentments that take so much mental and emotional energy. All of us are in need healing. We are in need of a Savior and restoration from our human frailty, fragility and failures.

Advent offers the motivation to make amends – through the Sacrament of Reconciliation, or, perhaps, through some personal efforts to reach out to persons with whom we need to seek forgiveness or healing. The first step is admitting our powerlessness, but also taking a step toward renewal. We are providing additional times for individual Confession on Advent Wednesday and Thursday evenings, as well as Saturday mornings – all after daily Masses. We might also ask if there is an email, call or visit we need to make amends with someone in our life?

Make A Difference

The Virgin Mary responds to the Angel Gabriel in her Magnificat: *He has filled the hungry with good things and the rich he has sent empty away.* (Luke 1:53) The Incarnation of Christ continues when we each understand our call to *be* the Good News for those in need. This year has been filled with tragedies and suffering from the pandemic impacts, economic fallout, and wildfire and weather disasters. Where can we best offer aid?

Advent opens us to generosity of action and spirit – to make a difference with our blessings and talents. Our OLL Advent Giving Tree once again offers opportunity to help individuals and families. Check out its online options this year which make it even more convenient to give assistance. Our Mercy Teams Meals of Mercy and St. Vincent de Paul food drives are weekly options especially for families and couples to get involved.

Make a plan to *LIVE* this your most meaningful and memorable Advent of Our Lord.

~ Tom Tomaszek, *Pastoral Associate*

Parish Office Hours

The Parish Office will be closed the following days to celebrate the Christmas Holidays:

December 24 - closing at 12:00 PM December 25 & 28 - closed December 31 - closing at 12:00 PM • January 1 - closed



The Parish Office will continue to be remote Mondays and Fridays. The phones are answered between 9:00 AM and 4:00 PM. If you need to reach a staff member, we highly encourage you to email them. Email addresses are listed on page 2.

The Parish Office will be open for appointments only on Tuesdays, Wednesdays, and Thursdays from 9:00 AM to 4:30 PM. Walk-ins are not allowed at this time due to COVID-19 safety for Parish and School Staff, School Children, and Parishioners. Call the parish office to make an appointment.

School pick up is 12:30-1:30 PM each day. Please do not park in the middle of the back section so school parents can form carline.

Offertory

We thank all those who contribute to the support of Our Lady of the Lake Church. Our fiscal year runs July 1 through June 30. **THIS YEAR:** Week ending 12/6/2020 Weekly Collection: \$33.048 Fiscal Year to Date: \$512.955 LAST YEAR: Weekly Collection: \$27,765 Fiscal Year to Date: \$592,702 BUDGET: Fiscal Year to Date: \$574,000 Catholic Campaign for \$2,051 Human Development:

Please notify the office of any family changes such as address, phone number or email, as well as family additions.

Contact Georgeann at 503-636-7687 or office@ollparish.com.

Mass Intentions

Sunday, December 13, 2020 9:00 AM For the Parishioners 11:30 AM Int Ante Vuk Monday, December 14, 2020 8:30 AM †Antoinette merolla Tuesdav. December 15. 2020 8:30 AM †Gene Wizer 6:00 PM †Patricia Gibney Wednesday, December 16, 2020 8:30 AM †Ann Francisco 6:00 PM †Kevin Gilroy Thursday, December 17, 2020 8:30 AM †Mike Kelley 6:00 PM Int Margaret Jamieson Friday, December 18, 2020 8:30 AM †Mary Grace McDermott Saturday, December 19, 2020 8:30 AM †Robert Goodwin 5:00 PM †Patricia Gibney Sunday, December 20, 2020 9:00 AM For the Parishioners 11:30 AM †Stanley & Lorraine Kowalski

To view upcoming Intentions and request an Intention online, visit <u>www.</u> <u>ollparish.com/intentions</u>.

Lifelong Faith Formation

Following Christ is a lifelong commitment to know, love and serve. At Our Lady of the Lake we invite disciples of all ages to explore their faith individually, in families, with peer groups, with spouses and friends, in small faith sharing groups, and through parish community opportunities.

We invite you to visit our Lifelong Faith Formation at <u>www.ollparish.com/faith-formation</u> where you can explore your faith through online resources, prayer, and activities. Advent's focus is "*Do not be Afraid…a Savior has been born for you*."

Life Kids

Our goal is that each child, from preschool through fifth grade, can know, love, and follow Jesus in their life.

This fall, we will offer online learning to children enrolled in Life Kids and First Sacraments.

To learn more, go to our NEWLY UPDATED Life Kids page at <u>www.ollparish.com/life-kids</u>.

For more information, contact Mary at maryb@ollparish.com.

FAMILY PLAYLIST FEATURE

"A Busy Catholic's Guide to Advent: 10 Tips for Observing the Season"



Simple tips on making Advent more spiritual.

YOUTH MINISTRY

Pre-Register for EDGE & Life Teen

EDGE: 6th-8th Grades **Life Teen**: 9th-12th Grades

www.ollparish.com/youth

Register Now for Confirmation

Confirmation: 10th Grade or older

www.ollparish.com/confirmation

Contact Luke Brooks for more information at lukeb@ollparish.com

YOUTH PLAYLIST FEATURE

"5 Comforting Family Traditions that are Perfect for Advent"



Keep all the family bonded together with these fun, creative and very meaningful Advent activities. Luke Brooks think number 2 is brilliant!

ADULT FAITH FORMATION

Our Lady of the Lake is committed to providing opportunities for faith formation for all adult ages. Each stage of life offers occasions to encounter the Lord, to grow deeper in understanding

our Catholic faith, and to share that faith through prayer and action individually and with others.

We invite you to explore our pages at www.ollparish.com/adult-formation

Join The Search! Log in/Create your OLL Parish Formed.org account.



Adult Monthly Playlist Feature "The True Meaning of Advent"



OLL School: News from Music — COVID Couldn't Ruin this Concert!

Annual OLL Christmas Concert goes digital! Singing, dancing, playing recorders, and the Christmas story enacted through a Nativity scene-- these are all familiar sights of the annual OLL Christmas concert. This year however, creating that magic required creativity in areas stretching far beyond the music. With more than half the student body attending school remotely, each student has brought their own talent and Christmas spirit to our community right from their homes. Students learned their class song through online tools ranging from video tutorials to Zoom music lessons, then recorded themselves on their laptops. 8th graders who, for the first time, assumed production roles in the Christmas concert, are working together to make everything fit in its place. I marvel at the intrinsic motivation and grit I regularly witness from our students in the midst of the pandemic. If you have passed by the school in recent days you may have seen in-person student cohorts practicing singing and dancing outside. With a strong adherence to safety protocols, K-3 learners have spent weeks preparing for a socially distanced video shoot that will be coupled with the virtual choral music of all OLL students. Some may wonder why we are spending so much time on Christmas music when the worries of the pandemic are so great. Although this is a new challenge, OLL is ready to take it on. Students and staff believe that no matter how hard it may be we need to spread the joy of Christmas. — *OLL Music Teacher Wendy Goodwin*

Loving Others through Outreach

Mercy Teams

Winter Coat, Socks and Blanket Drive

Mercy Teams will collect used but clean winter coats, blankets, and new white cotton socks during our Sunday morning Drive-Thru Drop-Off

Sack Lunch Meals of Mercy & Sack Lunch Pledge

39,500 "Touches of Love" inside each of those sack lunches you helped make, collect or deliver to food insecure families, the unsheltered throughout Portland, Long Term Care Facilities, and Boys & Girls Clubs.

Donate sack lunches. Goal 1,450 per week. Include: 16 0z bottle of water, granola bar, fruit/apple sauce cup, bag of chips, plastic spoon & napkin.

Street Ministry to The Unsheltered

Next Street Ministry Dates is Saturday, December 26. We meet at the parish hall at 7:45 AM, head out by 9:00 AM, and are back by 12:00 PM.

Sign up for projects at <u>www.ollparish.com/mercy-teams</u>.



OLL School Virtual Auction — February 6, 2021

Did you know that our Parish school, OLL Catholic School, holds a benefit auction each year? The purpose of the auction is to raise funds that support our school operations and Tuition Assistance programs. Auction proceeds are used to ensure that families are able to provide their children with a Catholic school education.

This year our auction will be presented virtually through an online platform. Even though this year is virtual, we have many ways for you to participate. Please consider donating auction items, providing a sponsorship, or bidding on one of our many great auction packages.

The online auction presentation will be on February 6, 2021 at 6:00 PM. Visit <u>OLLauction.school</u> or contact Michele Hanna at <u>michele.hanna@yahoo.com</u> or Jenni Duhl at <u>jenniduhl@gmail.com</u> for more information.

Yesterday, December 12 was the Feast Day of Our Lady of Guadalupe

"Our Lady of Guadalupe has been honored by twentyfive popes. She has been formally declared Patroness and Mother of the Americas. Informally, she is honored as Patroness of Unborn Children because she appeared to Juan Diego as a pregnant woman



and, in the seven years after the apparitions, approximately eight million Aztec people converted to Catholicism, and abandoned a culture of death that had practiced human sacrifice, including infant sacrifice. May we, through the intercession of Our Lady of Guadalupe, see an end to the killing of vulnerable people in our own day, whether through abortion, euthanasia, or neglect of their basic human needs." www.usccb.org

Respect Life

Walking with Moms in Need

Walking with Moms in Need is a year of service where Catholic parishes and communities help pregnant and parenting women in need.

Week 37: Did You Know?? Be Not Afraid (BNA) is a private non-profit organization which provides comprehensive case management to parents carrying to term following a prenatal diagnosis. Their staff and peers strive to develop a relationship of trust while providing for the emotional and tangible needs of parents at diagnosis, during pregnancy, at birth and during the postpartum period for up to one year. They believe that every baby is a gift, and they support parents in advocating for basic care and obtaining the treatment they deem appropriate for their child after birth no matter the diagnosis. They follow the ethical teaching of the Catholic Church, but serve parents of all denominations. For more information, visit <u>benotafraid</u>. net during this year of Walking with Moms in Need.

Upcoming Events in the Archdiocese

January 21, 2020 9 Days for Life Novena Begins

"...Advent is about preparation for the birth of the Lord. The joy of his birth, as John Paul II wrote in Evangelium Vitae, is reflected in the joy at the birth of every child. Advent is a perfect time to commend to the prayers of our people all who are carrying a child, and may be tempted by fear or a lack of trust in God's Providence." Priestsforlife.org



St. Vincent de Paul

Annual Christmas Food Boxes

SUPPORT DESERVING FAMILIES IN OUR AREA

Three Participation Options

Option 1 — Pick Up, Fill, & Deliver:

Pick up your box and shopping list on the weekend of December 12 & 13; return on the morning of Saturday, December 19 to receive the name and address of a family for delivery. We will provide a \$20 grocery gift card to accompany the meal you provided.

Option 2—**Pick Up & Fill the box only:**

If you would rather not make a delivery, you may sign up to return a filled box only.

Option 3—**Deliver:**

Volunteer as a delivery driver. We will need some extra drivers for those who are unable to make the delivery.

Choose your participation option by signing up online at www.ollparish.com/christmas-food-box

OUR LADY OF THE LAKE'S ANNUAL

Giving Tree

November 29 — December 20

Join us in supporting those most in need through our Giving Trees.

Ways to help:

• Advent Giving Wish List

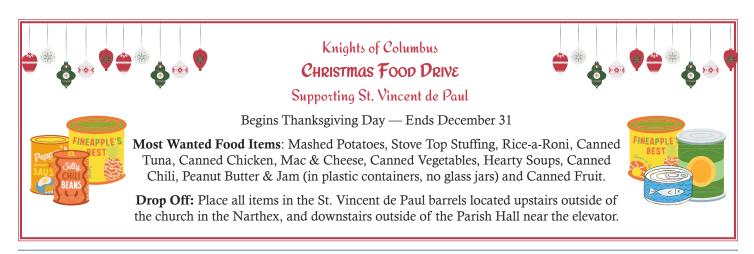
See the Advent Giving Wish List at www.ollparish. com/giving-tree. All donations can be delivered to the parish on Sundays from 8:30 to 10:45 AM during Mercy Teams drive through collection or left under the Christmas tree outside the Parish Hall.

• \$25 Gift Cards to Fred Mever or Walmart

Gift cards can also be delivered to the parish on Sundays during Mercy Teams drive through collection or mailed to the parish or dropped in the church narthex offertory slot.

• Amazon Wish List: JOIN and **Blanchet House**

Donate through Amazon Wish List to JOIN or Blanchet House. Donations will be delivered directly to the organization. For the links to those wish lists, visit ollparish.com/ giving-tree.



Our Lady of the Lake Catholic School

Now Accepting 2021-2022 Applications!

Apply Today!

Apply today to join our 2021-2022 Kindergarten Class! Limited spaces are available in Grades 1-8. Click <u>here</u> for more information on our application process and to learn about the OLL community.





995824 Our Lady of the Lake Parish

www.jspaluch.com

For Ads: J.S. Paluch Co., Inc. 1-800-231-0805