

JANUARY 31-FEBRUARY 14
Ordinary Time

FAMILY PLAYLIST

We invite you to learn, pray, and live our faith with your children at home!



Each week, we will offer you an easy lesson based on the Sunday Gospel. You and your children are encouraged to find the story in the Bible and engage in the activities.

You can use the online format below, your own Bible or The Catholic Children's Bible from our First Sacraments program. As a reminder, the Gospel readings (Matthew, Mark, Luke, and John) are in the New Testament about two-thirds of the way back in the bible.

Thank you for sharing your faith with your family!

JANUARY 31, 2021 — Fourth Sunday in Ordinary Time

JESUS DRIVES OUT AN EVIL SPIRIT

The Big Idea: Jesus has authority over all the scary things in our lives.

Learn

Read Bible passage: Mark 1:21-28 — Catholic Children's Bible, page 1524

Jesus and his disciples came to the town of Capernaum, and on the next Sabbath Jesus went to the synagogue and began to teach. The people who heard him were amazed at the way he taught, for he wasn't like the teachers of the Law; instead, he taught with authority.

Just then a man with an evil spirit came into the synagogue and screamed, "What do you want with us, Jesus of Nazareth? Are you here to destroy us? I know who you are — you are God's holy messenger!"

Jesus ordered the spirit, "Be quiet, and come out of the man!" The evil spirit shook the man hard, gave a loud scream, and came out of him.

The people were all so amazed that they started saying to one another, "What is this? Is it some kind of new teaching? This man has authority to give orders to the evil spirits, and they obey him!" And so the news about Jesus spread quickly everywhere in the province of Galilee.

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Did You Know?

Jesus taught with authority. This means that when He taught, He should be listened to. Who do you know who teaches with authority? Jesus' authority not only meant people listened to what He had to say, it also meant evil spirits, who are not from God, listened to Him. Jesus has authority over ALL the scary things in our lives.

Pray

Dear Jesus, thank you for the ways you teach us. Help us to know that we can go to you when we are afraid to make scary things go away. Amen.

Live

When Jesus was teaching in the synagogue (a Jewish place of worship), a man with an evil spirit interrupted Jesus. The man with the evil spirit was hurting very badly. Jesus was able to take the spirit away.

Sometimes we need healing on the inside, not of our bodies but of our heart. Tell me about a time when you were hurt, then something good happened to you and you felt at peace. How do you think Jesus helped you?

FEBRUARY 7, 2021 — Fifth Sunday in Ordinary Time

JESUS HEALS MANY PEOPLE

The Big Idea: Jesus has the power to heal us.

Learn

Read Bible passage: Mark 1:29-39 — Catholic Children's Bible, page 1525

Jesus and his disciples, including James and John, left the synagogue and went straight to the home of Simon and Andrew. Simon's mother-in-law was sick in bed with a fever, and as soon as Jesus arrived, he was told about her. He went to her, took her by the hand, and helped her up. The fever left her, and she began to wait on them.

After the sun had set and evening had come, people brought to Jesus all the sick and those who had demons. All the people of the town gathered in front of the house. Jesus healed many who were sick with all kinds of diseases and drove out many demons. He would not let the demons say anything, because they knew who he was.

Very early the next morning, long before daylight, Jesus got up and left the house. He went out of town to a lonely place, where he prayed. But Simon and his companions went out searching for him, and when they found him, they said, "Everyone is looking for you."

But Jesus answered, "We must go on to the other villages around here. I have to preach in them also, because that is why I came." So he traveled all over Galilee, preaching in the synagogues and driving out demons.

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Watch Video — [Peter's Mother-in-Law Healed](#)

Did You Know?

Jesus prayed quietly and by himself to God the Father. There are many ways to pray. We can say prayers like the 'Our Father,' read from the Bible (like the prayer below), or simply talk to God about our thoughts and feelings. How do you like to pray?

Pray

Heal me, Lord, that I may be healed. (Jeremiah 17:14)

Live

Find something in your home (e.g. bandaid, stuffed toy, bowl for soup, etc.) that we use when you are sick or hurt. When you find it, thank Jesus for giving you this item and helping you to heal.

FEBRUARY 14, 2021 — Sixth Sunday in Ordinary Time

JESUS HEALS A MAN

The Big Idea: Jesus cures a man with a skin disease.

Learn

Read Bible passage: Mark 1:40-45 — Catholic Children's Bible, page 152

A man suffering from a dreaded skin disease came to Jesus, knelt down, and begged him for help. "If you want to," he said, "you can make me clean."

Jesus was filled with pity, and reached out and touched him. "I do want to," he answered. "Be clean!" At once the disease left the man, and he was clean. Then Jesus spoke sternly to him and sent him away at once, after saying to him, "Listen, don't tell anyone about this. But go straight to the priest and let him examine you; then in order to prove to everyone that you are cured, offer the sacrifice that Moses ordered."

But the man went away and began to spread the news everywhere. Indeed, he talked so much that Jesus could not go into a town publicly. Instead, he stayed out in lonely places, and people came to him from everywhere.

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Did You Know?

Leprosy has been around for thousands of years. Long ago, many people did not understand the disease. So, they rejected lepers and treated them very badly, even though the lepers could not help having a rash.

Pray

Dear Jesus, help me to show love and kindness to others especially when they look different from me.

Live

In the gospel, Jesus shows his love to the leper by healing him. Name one thing you will do to show love to someone on Valentine's Day or another day this week.