



Love God. Love Others. Make Disciples of Jesus Christ.

OUR LADY OF THE LAKE CATHOLIC CHURCH

Nineteenth Sunday in Ordinary Time

The Bread of Life – Spiritual Survival

As Jesus declares this truth of his divinity, the people gathered begin to murmur: *“Is this not Jesus, the son of Joseph? Do we not know his father and mother? How can he say he came down from heaven?”* They are having a hard time putting aside their lived experience of Jesus in Nazareth to accept Jesus, the Divine Teacher. Then he quotes the prophet Isaiah: *They shall be taught by God.* (Is 54:13)

Sometimes it is difficult for all of us to accept something we know and believe is true – both in life, and certainly when it comes to our relationship with the Lord. It is hard especially with the unbelieving voices in our modern society to put Jesus’ human and divine natures together: to know that he lived on earth, was put to death, but also that he was raised and lives as God for all eternity in heaven.

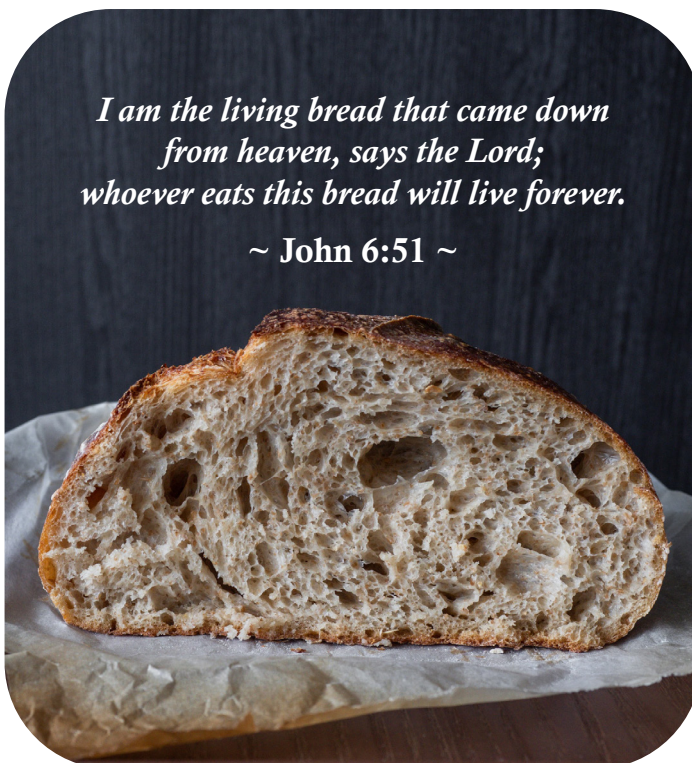
The Real Presence

Perhaps most difficult to accept in Jesus’ “Bread of Life” discourse that we have been contemplating these past weeks in the Gospel of St. John is that his “flesh,” his Body and Blood, is given “for the life of the world.” Many who had

been following Jesus at that time found this teaching hard to believe and left him. How is it for us? Are we willing to enter into a personal relationship with the Lord in prayer that he might sow in our hearts a deeper understanding of his true and real presence?

I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever.

~ John 6:51 ~



Our Spiritual Survival

Just as for Elijah in our first reading, God wants to provide us with food for the spiritual journey. Each of us may face life struggles, personal challenges, or relationship difficulties that seem impossible to overcome. When we add in the current state of the world and weather, all may seem overwhelming.

In the Holy Eucharist, Jesus reveals his Divine presence *from* all time and *for* all time: God with us, for us, and nourishing us. More than food, the Eucharist is given for our spiritual survival. It is

our gateway to eternal life. But we must respond. How are we daily cultivating our relationship with the Lord through prayer, and also by giving witness to Christ’s presence in our lives so that others might believe?

- Tom Tomaszek, Pastoral Associate

WEEKDAY MASSES

Wednesday & Thursday 6:30 AM
Monday-Saturday 8:30 AM
Tuesday 6:00 PM

PRAYER

Church open Monday - Friday, 9:30 AM to 4:30 PM for individual silent prayer.

SUNDAY MASSES

Saturday Vigil 5:00 PM
Sunday Morning
7:30, 9:00, & 11:00 AM

LOCATED AT

790 A Avenue,
Lake Oswego, OR 97034

SACRAMENT OF RECONCILIATION

Saturday 9:15-10:00 AM or by Appointment

ADORATION OF THE EUCHARIST

First Friday of the Month, 9:30 AM to 8:00 PM,
in the Church (subject to change)

SACRAMENT OF ANOINTING OF THE SICK

Call the Parish Office

PARISH STAFF

Clergy:

Fr. John W. Kerns, Pastor
frjohn@ollparish.com

Fr. Suresh Amalraj, Parochial Vicar
frsuresh@ollparish.com

Deacon Kevin Welch
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Agnes Zueger, Coordinator of Music
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Jill Welter, Bookkeeper
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Mike Bell, Facilities
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Cemetery:

Kimi Tomaszek
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School:

Corrine Buich, Principal
cbuich@ollschool-lakeoswego.org

Matt Gregor, Vice Principal
mgregor@ollschool-lakeoswego.org

Matt Locke, Office Manager,
mlocke@ollschool-lakeoswego.org

Kim Heinrich, Admin. Assistant
kheinrich@ollschool-lakeoswego.org

Current Mass Times

Weekend Masses

Saturday Vigil, 5:00 PM
Sunday, 7:30, 9:00, & 11:00 AM

Weekday Masses

Wednesday-Thursday, 6:30 AM
Monday-Saturday, 8:30 AM
Tuesday, 6:00 PM

Registration is no longer required to attend Mass. All are welcome to join us for every Sunday and daily Mass by just showing up!

Hospitality and Fellowship has returned after the Sunday morning Masses. Come down to the Parish Hall and reconnect with your fellow parishioners!

Parish Office Hours

Monday-Thursday: 9:00 AM to 4:30 PM • Friday: 9:00 AM to 4:00 PM

We are open to parishioners and visitors during the day by phone, email, or in person. As a reminder, the Parish Offices are on the second floor of the Parish Center.

Connect with us!

Stay up to date on all the changes and exciting things happening at Our Lady of the Lake, by connecting with us on Instagram and Facebook @ollcatholicchurch and subscribing to weekly emails at ollparish.com/subscribe.



This Week

Sunday, August 8, 2021

Nineteenth Sunday in Ordinary Time

Fellowship After Mass 7:30 AM PH-FRONT
Blood Drive 8:00 AM Parking Lot
Altar Server Training 12:30 PM CH
Middle School Youth Group 6:30 PM PH-MID

Monday, August 9, 2021

Alcoholics Anonymous 6:30 AM PC-PLIB
Centering Prayer 10:00 AM PC-PLIB
Boy Scouts 7:00 PM PH-CARP
KofC Council Meeting 7:00 PM PC-NAZ

Tuesday, August 10, 2021

Women's ACTS Team 4:30 PM PC-NAZ
Capernaum Young Life 7:00 PM PH-CARP

Wednesday, August 11, 2021

Alcoholics Anonymous 6:30 AM PC-PLIB

Exodus 90 7:00 AM PC-BOARD
Charismatic Prayer Group 11:00 AM PC-PLIB
Men's ACTS Team 7:00 PM PC-NAZ

Thursday, August 12, 2021

Alcoholics Anonymous 7:00 PM PH-FRONT

Friday, August 13, 2021

Alcoholics Anonymous 6:30 AM PC-PLIB
Alcoholics Anonymous 8:00 PM PH-CARP

Saturday, August 14, 2021

DOGS Men's Group 7:00 AM PC-NAZ
Confessions 9:15 PM CH
Wine & Cheese Fellowship 6:00 PM PH-FRONT

Sunday, August 15, 2021

The Assumption of the Blessed Virgin Mary
Fellowship After Mass 7:30 AM PH-FRONT
High School Youth Group 6:30 PM PH-MID

PC=Parish Center Building—Cana, Nazareth, Bethlehem and Jerusalem Rooms; SCH=School—Multipurpose Room, Gym;
PH=Parish Hall—Front, Mid, Carpet, Child Care, Cook CH=Church—Church, Loft, Narthex; OTHER=Off Campus Event

Taste and See

One of the gifts of the Second Vatican Council was the restoration of singing the psalms as part of the Liturgy of the Word. In addition to scripture readings from the Hebrew scriptures (Old Testament) and from the Epistles and Gospels (New Testament) – we sing or recite the psalms at each Mass. The lyric and metric qualities of the psalms afford us an opportunity to reflect more deeply on the scriptural lessons, the Word of God, we hear proclaimed. This week, as we hear our scriptures about Jesus – the Bread of Life – we are invited to pray Psalm 34.

Taste and See (Psalm 34)

Taste and see the goodness of the Lord.

I will bless the Lord at all times;
his praise shall be ever in my mouth.
Let my soul glory in the Lord;
the lowly will hear me and be glad.

Taste and see the goodness of the Lord.

Glorify the Lord with me,
let us together extol his name.
I sought the Lord, and he answered me
and delivered me from all my fears.

Taste and see the goodness of the Lord.

Look to him that you may be radiant with joy,
and your faces may not blush with shame.
When the afflicted man called out, the Lord heard,
and from all his distress he saved him.

Taste and see the goodness of the Lord.

The angel of the Lord encamps
around those who fear him and delivers them.
Taste and see how good the Lord is;
blessed the man who takes refuge in him.

Taste and see the goodness of the Lord.

Wine & Cheese Fellowship Returns!!!

Mark your calendars because our Saturday Night Wine & Cheese Social is back!!! Please join us on August 14 after the 5:00 PM Vigil Mass in the parish hall for wine, cheese, and fellowship. It will be so wonderful to see and socialize with everyone after our 18 month break!!! Light appetizers will be served along with wine, soft drinks and water. If you would like to bring your favorite appetizer to share, it would be greatly appreciated.



Offertory

We thank all those who contribute to the support of Our Lady of the Lake Church. Our fiscal year runs July 1 through June 30.

THIS MONTH:

July 2021: \$117,983
Year to Date: \$117,983

LAST YEAR:

July 2020: \$ 94,898
Year to Date: \$94,898

BUDGET:

Fiscal Year to Date: \$118,775

Checks Payable To:

As a friendly reminder, please make checks payable to **Our Lady of the Lake**. If you'd like to specify a specific ministry or program, please note this in the memo line of your check.

Mass Intentions

Sunday, August 8, 2021

7:30 AM For the Parishioners
9:00 AM +Pius and Veronica Chow
11:00 AM + Chong-Nam Francis Wilson

Monday, August 9, 2021

8:30 AM +Donna Penk

Tuesday, August 10, 2021

8:30 AM +Ron Foster
6:00 PM +Carol Griffith

Wednesday, August 11, 2021

6:30 AM +Thelma Stone
8:30 AM +Gerald Niedzwiecki

Thursday, August 12, 2021

6:30 AM +LaVonne Schenkenberger
8:30 AM +Sheila Schmit

Friday, August 13, 2021

8:30 AM +Molly Marquard

Saturday, August 14, 2021

8:30 AM +Katherine Hoyt
5:00 PM +Ann Sullivan Endres

Sunday, August 15, 2021

7:30 AM +Sophie Welcer
9:00 AM Int Stefani Joanne Angelina Germanotta
11:00 AM Int Gail Griffiths

To view upcoming Intentions or request an Intention online, visit www.ollparish.com/intentions.

FAMILY FAITH FORMATION

Our goal is to support and inspire families to grow in their Catholic faith.

At OLL, we believe faith begins at home. We encourage families to eat, pray, and share their faith together. That is why each week, we provide parents with engaging content for preschool-5th grade at ollparish.com/family.

THIS WEEK'S LESSON

Jesus wants us to be kind and forgive one another.

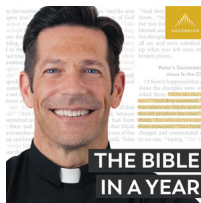
Sunday Bible Passage:
Ephesians 4:30-5:2



For more information, contact Mary at maryb@ollparish.com.

“The Bible in a Year” Podcast

In the Bible in a Year podcast, Fr. Mike Schmitz walks you through the entire Bible in 365 episodes, providing commentary, reflection, and prayer along the way. Unlike any other Bible podcast, Ascension's Bible in a Year Podcast follows a reading plan inspired by *The Great Adventure Bible Timeline*, a ground-breaking approach to understanding salvation history developed by renowned Catholic Bible teacher Jeff Cavins.



With this podcast, you won't just read the Bible in a year...you'll finally understand how all the pieces of the Bible fit together to tell an amazing story that continues in your life today! Listen and...Read the ENTIRE Bible.

The Bible in a Year (with Fr. Mike Schmitz) is produced by Ascension, the leader in Catholic faith formation. Visit ascensionpress.com/bibleinayear for the complete Bible in a Year (with Fr. Mike Schmitz) reading plan.

Update Parish Records

Notify the office of any family changes such as address, phone number or email, as well as family additions. Contact Georgeann at 503-636-7687 or office@ollparish.com.

EDGE MIDDLE SCHOOL SUMMER SCHEDULE



Every Other Sunday

6:30 to 8:00 PM • Parish Hall

August 8 & 22

Register at www.ollparish.com/edge

Interesting in being a leader? If you have a heart for young people and think you might be called to Youth Ministry, contact our Director, Luke, for more information at lukeb@ollparish.com

VOYAGE HIGH SCHOOL YOUTH MINISTRY SUMMER CALENDAR

Every Other Sunday

6:30 to 8:00 PM

Parish Hall

August 15, & 29

Register at www.ollparish.com/voyage

Interesting in being a leader? If you have a heart for young people and think you might be called to Youth Ministry, contact our Director, Luke, for more information at lukeb@ollparish.com



ACTS Retreats are Back!

ACTS stands for Adoration, Community, Theology, and Service. Join us to revitalize your faith life, spend time with our Lord and your sisters and brothers in Christ. Come and experience three days of joy, prayer, authenticity, and holy friendship.

Women's Retreat: August 19-22

Men's Retreat: October 14-17


Our capacity at each retreat is limited, so sign up today!

Visit www.ollparish.com/retreats.

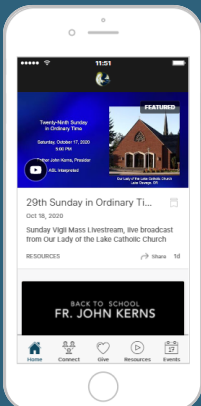
ACTS Newsletter

Welcome to the first ACTS eNewsletter published by Our Lady of the Lake Parish. This newsletter will be published twice a year for our parish community.

We want everybody in our parish to know what's going on related to ACTS, including two upcoming retreats in the fall of 2021 and how ACTS retreatants are participating in parish ministries and activities.

Read the eNewsletter on the Retreat page at www.ollparish.com/retreats and click on  **Newsletter**.

Have you downloaded OLL's App?



Text 'OLLAPP' to
833-245-4494 to download

Quick & Easy Access to:

Videos & Homily Podcast
Calendar & Events
Online Giving
Mercy Teams Sign Ups
Prayer Resources
and so much more!

ADULT FAITH FORMATION

Our Lady of the Lake is committed to providing opportunities for faith formation for all adult ages. Each stage of life offers occasions to encounter the Lord, to grow deeper in understanding our Catholic faith, and to that faith through prayer and action individually and with others.

We invite you to explore at ollparish.com/adult-formation.

The Search

Life's purpose? Why are we here? What happens when you die? What's life all about? To stream all episodes in the "Search" video series, visit ollparish.com/the-search.

Summer Playlist

Participating in God's Mission

This month, we ask the questions, "What is God's Mission?" and "How can we live God's Mission?"

*Love God. Love Others.
Make Disciples of Jesus Christ.*

Check out the Summer Monthly Playlist to learn how to participate in God's Mission at ollparish.com/playlist.

What is Catholic Social Justice?

The inherent sanctity of the human person lies at the heart of Catholic Social Teaching, prompting us to live lives of love, mercy and justice. Made in God's image, regardless of social standing, religion, race or ethnicity, each life is worthy of all the dignity and respect such a gift demands. As sons and daughters of God, each of us is called to community, to service and to love.



Learn about Catholic social justice rooted in Catholic Social Teaching, and how it addresses the most difficult challenges of injustice in our communities and in our world today.

Visit www.ollparish.com/social-justice.

MERCY TEAMS

Adopt A Mission

Help organize or just be part of a TEAM of FIVE or MORE families, friends, neighbors, serving one mission each week? Donate sack lunches, make sandwiches, and schedule a driver or two to deliver once a week?

Reach out to your friends, family, small faith sharing groups or service organization. Gather as many supporters as you can. Make your own plan for collection and delivery.

Mercy Teams may be able to assist with finances to some degree.

Purchasing Supplies in bulk at Costco brings cost to \$1.40 per sack lunch.

We have had amazing and generous families adopt three missions already:

1. Life Change for Women & their Children
2. Rose Haven Shelter for Women and Children
3. The Fathers Heart Day Shelter in Oregon City

Missions we hope to have adopted by July 25:

1. **Martha Mercado's Latino Working Poor Community** on the West Side in Beaverton, 100 to 125 sack lunches
2. **First Christian Church** near the Portland Park Blocks, 100 to 150 sack lunches
3. **City Team Portland** on Grand Avenue, 100 to 125 sack lunches
4. **Salvation Army Female Emergency Shelter**, 100 to 200 sack lunches
5. **Joint Office of Homeless Services** on SW 5th & Washington, 100 to 200 sack lunches
6. **Union Gospel Mission** on Burnside, 200 sack lunches

To ADOPT A MISSION - Visit **Mercy Teams** on the Parish website and click on the sign up link associated with the selected mission: www.ollparish.com/adopt-a-mission

Street Ministry to The Unsheltered

Next Street Ministry Saturday, July 24. Meet at the parish hall at 7:15 AM, leave at 9:00 AM, and back by 12:00 PM.

Sign up for projects at ollparish.com/mercy-teams.



Respect Life

Who Should Make Medical Decisions for You If You Cannot?

The safest option is to designate a health care agent who not only understands our Catholic values but also shares them and can apply them to current situations and respond to questions as they arise. This person, usually a close family member or friend, acts as a proxy decision maker if the patient is not able to make his or her own decisions. In choosing an agent or proxy, a person can declare in writing that all treatment and care decisions made on their behalf must be consistent with and not contradict the moral teachings of the Catholic Church.

Some states and healthcare systems have been implementing a troubling document known as a "Physician Order for Life- Sustaining Treatment," also called by a confusing array of acronyms (POLST, MOST, MOLST, or POST). The POLST document is filled out by a doctor or other medical professional to define treatments to be withheld or administered in a future situation. It has been criticized for placing more power in the hands of physicians than in patients' hands. Indeed, in some cases the patient need not even sign the document. Once signed by the physician, it becomes a doctor's order to other medical staff, and may override the patient's own past advance directives and even the patient's appointment of a health care agent.

"Human life is good and to be protected. All medical decisions ought to reflect this core belief. Yet black-and-white answers to our questions about end-of-life issues are not always possible, and it can be very difficult to know how to make medical decisions." Entire article: www.usccb.org/committees/pro-life-activities/advance-medical-directives-planning-your-future

Go to archdpdx.org/chancellor for documents and helpful information.

Upcoming Events in the Archdiocese

8/1 Human Trafficking Silent Prayer Vigil: Please join us today to pray for victims and an end to human trafficking. We will meet at 11:00 AM on the sidewalk in front of St. Andre Bessette Catholic Church, 601 West Burnside Street..

Miss a Homily?



Did you know our homilies are available anytime to watch on YouTube or listen to online? Visit www.ollparish.com/homily for more.





Knights of Columbus

SUMMER FOOD DRIVE



Sponsoring St. Vincent de Paul

Sunday, August 1 — Saturday, August 28

It's Summer, and many families continue to face hunger. This can be especially difficult when school is out. Now that we at OLL Parish are able to gather again, our St. Vincent de Paul and Knights of Columbus are sponsoring their Summer Food Drive! This will be a four-week event, from August 1 through 28.

THE MOST NEEDED ITEMS ARE: Peanut Butter and Jelly (in plastic containers), Canned Tuna and Chicken, Hearty Soups, Canned Vegetables and Fruit, Chili

DROP OFF: Place all items in the St. Vincent de Paul barrels located upstairs outside of the church in the Narthex, and downstairs outside of the Parish Hall near the elevator.



Attention family caregivers!

Respite Companions is a ministry of compassionate parishioners that have formed to help you get a few hours of rest from the everyday care of your family member. Do you find yourself wishing for just a few hours to run errands on your own or to go out to see a movie with a friend without the worry of leaving your loved one alone?



We would be able to stay with your family member for a few hours while you are out completing errands or enjoying an outing with some friends. We can also visit with those individuals who live alone and would like a visitor for an hour or so just to chat or perhaps read with them or play a game. Someone to occupy their time for a short while to ease the tedium of living alone. If you would like more information about this ministry, contact Donna Barton at the parish office at 503 636-7687 or by email at donnab@ollparish.com.

Helping with After Mass Hospitality

Hospitality after the morning Masses is back. Come down and reconnect with your fellow parishioners! Mercy Teams has transitioned to its "Adopt a Mission" plan and we now have use of the front section of the hall and kitchen and we now have use of the front section and kitchen.

Are you able to help organize and offer this hospitality? We need to rebuild our crews and schedule of helpers. If you and your family can help, contact Tom Tomaszek at tomt@ollparish.com.

Ushers and Eucharistic Ministers

As we increase Mass times and more people attend, we are in need of Eucharistic Ministers willing to serve the Body of Christ to members of the Body of Christ. In prayerful discernment, is Christ calling you to this special ministry?

Scheduling and Training.

Our online Ministry Scheduler makes it very convenient to accept an assignment or ask for a substitute if your schedule changes. It can also set up particular service times for certain Masses. We offer training for ALL ministries or you can "shadow" a current minister to see if it is a good fit for you.

Quick Start: send an email to ministries@ollparish.com for more information.

Retrouvaille



The Oregon Retrouvaille community will be holding its weekend August 6-8, 2021 at Mount Angel Abbey Retreat House in Mount Angel, Oregon.

In compliance with Oregon and facility requirements, a limit of 12 couples can be accommodated. Masks must be worn during the weekend.

For information, contact by phone 503-225-9191 or email portland@retrouvaille.org or online at HelpOurMarriage.com.